

dich für

SUMMER MAGAZINE 2025

ENGLISH
VERSION

Heavenly
experiences

Downhill tips from
the champion

Musical
highlights

SCHLADMING
DACHSTEIN





“Discover the region at its most beautiful”

FOREWORD



A warm Welcome

We are here for you – with stories to move you, experiences in nature to enchant you and with the people who make our region special. Discover with us the diversity of Schladming-Dachstein.

There are special places that make us stop in wonder, take a deep breath and arrive – at ourselves and in nature. The Schladming-Dachstein region is one of these places. It is an environment which could not be more diverse: from wild mountain peaks to gentle alpine pastures and vibrant places alive with both peace and new energy. And what’s even better is that we are here for you – with inspiration, tips and real stories from the region we love so much. In this issue you will find touching and amazing stories: from the commitment of Lebenshilfe Ennstal to breathtaking climbing experiences and the success of our downhill pro Andreas Kolb to the magic of nighttime in

the Sölk­täler Nature Park. We celebrate our culture at the Mid EUROPE International Wind Music Festival and our community in the ForYou Club with skiing legend Hans Knauß as its flagbearer. Let us take you on a journey through the nooks and crannies of

our region, with all its heart-warming, memorable moments. This is precisely where our strength lies: in genuine interactions and a real sense of togetherness. Schladming-Dachstein is more than just a destination – it’s a feeling that stays with you. Every page of this magazine tells the story of people who create with passion and of experiences which have a lasting effect on everyday life. Enjoy browsing, discovering and feeling.



Managing Director Mag. (FH) Mathias Schattleitner
and the entire team of the Schladming-Dachstein Tourist Office



**We’re there
for you.**

Content



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Places that energise

From Aigen to Ramsau – the nature, power.places. in the region give you peace, vitality and a new zest for life. Feel the magic of these special places and find your balance.



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Climbing high

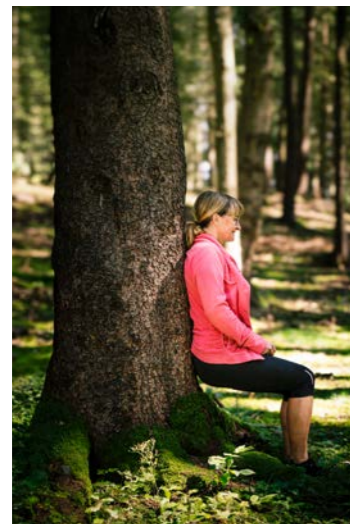
Mountain guide Michael Perhab takes us along with him on his journeys into the steep rock faces of Dachstein, where courage, technique and pure passion conquer the highest peaks.



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Music that connects us

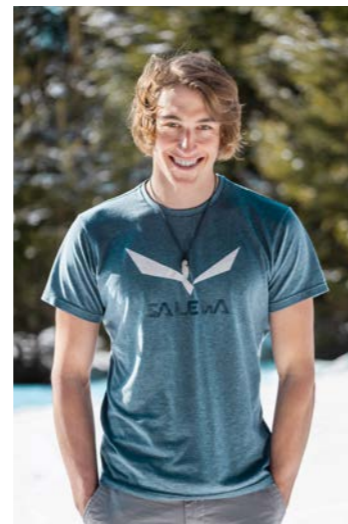
Be inspired by rousing marching anthems and first-class bands from all over the world at the Mid EUROPE Festival – from traditional to modern.



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Where people and nature grow together

Lebenshilfe Ennstal's horticulture department is creating a sustainable future for everyone with their hearts, hands and dedication.



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Magical nights

In the Sölktaier Nature Park you can experience a sparkling sea of stars far away from light pollution.




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A life for the dairy

At the Plankhof organic farm, Roswitha Marold provides a passionate insight into everyday life including work in the cowshed, sustainable dairy farming and animal care.

Highlights

Highlights

7

Cable cars
ARE IN OPERATION IN SUMMER

33 
Via ferratas

CA. **1,000** km
OF MARKED *hiking trails*

1
UNESCO
World Heritage Site
DACHSTEIN GLACIER

FACTS AND FIGURES

THE **Bruderladenhaus,**
WHICH IS THE SCHLADMING
TOWN MUSEUM TODAY, WAS ONCE
A WELFARE CENTRE FOR MINERS
AND PROVIDED CARE FOR ILL
MINERS - AN EARLY FORM OF
HEALTH INSURANCE.

The Halseralm,
400 YEAR-OLD
MOUNTAIN HUT WHICH IS
FAMOUS FOR ITS FLAMBÉED
KAISERSCHMARRN.

4 gorges
&
100
waterfalls in
the region

THE
OLDEST
LODEN MILL
IN STYRIA HAS BEEN PRODUCING
TRADITIONAL SCHLADMING LODEN
CLOTH FOR CENTURIES.

IN SCHLADMING-DACHSTEIN, WE BAKE

Protestant
doughnuts

MADE FROM WHEAT FLOUR AND
CATHOLIC DOUGHNUTS MADE FROM
RYE FLOUR - AN OLD TRADITION
THAT STILL LIVES ON TODAY!

5



"Bergretter" TV series
superfans have been
part of the "Bergretter"
fan hike for the 12th time
already. The 13th hike
takes place this year.

AT
2,747 m
HOCHWILDSTELLE IS THE
HIGHEST MOUNTAIN ENTIRELY
ON STYRIAN LAND.



YOU CAN WHIZZ DOWN THE ZIPLINE
FROM STODERZINKEN TO THE
VALLEY AT A SPEED OF UP TO

115 km/h

26
bike trails

1 trail centre &
bike parks



4
golf courses



ORGANIC
GOLF
COURSE

Summer Cable cars

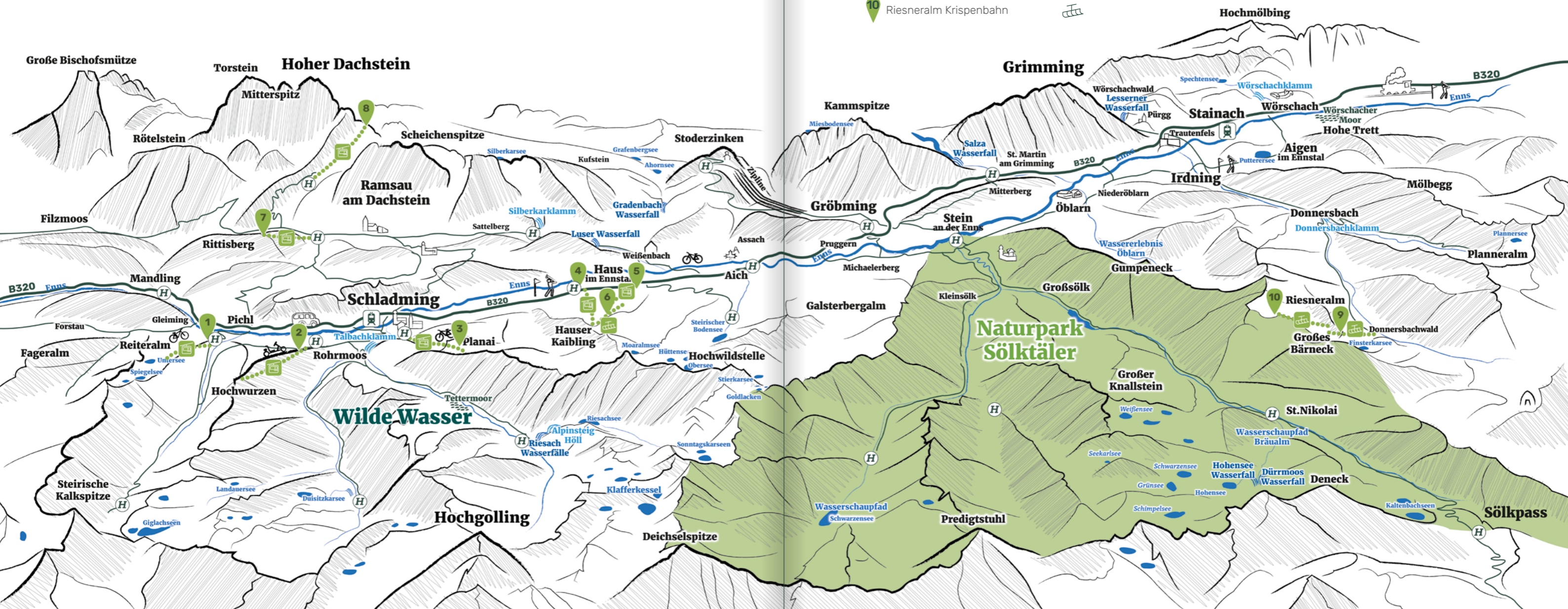
THEY TAKE YOU TO THE TOP

Operating cable cars

- 1 Reiteralm Preunegg Jet
- 2 Hochwurzen Gipfelbahn
- 3 Planai Hauptseilbahn
- 4 Hauser Kaibling Tauernseilbahn
- 5 Hauser Kaibling 8er-Gondelbahn
- 6 Hauser Kaibling Kaiblinggrat
- 7 Rittisberg 10er-Gondelbahn
- 8 Dachstein Gletscherbahn
- 9 Riesneralm Riesnerbahn
- 10 Riesneralm Krispenbahn

More information for you

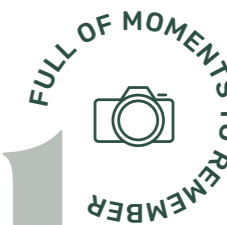
Did you know that you can use a cable car free of charge every day with the Schladming-Dachstein Sommercard? The trip to the Dachstein Glacier is also included once a week.



“Fun, games and nature: the perfect summer in the mountains for families”



10 - 11



Playful peaks

Set off together, enjoy the nature and have some real adventures: our mountains in summer are full of opportunities for families.

The mountains of the Schladming-Dachstein region offer the perfect backdrop for many unforgettable experiences with the whole family in summer. Whether relaxed or full of action – there is the right adventure for every age here. Fun themed trails invite explorers of all ages, adventure playgrounds are a hit with the kids, and exciting climbing and hiking trails lead through extraordinary natural landscapes. Modern cable cars make the ascent easy, while distant views, mountain lodges and a wide range of activities await you at the top. Our mountains in summer are a place where children can feel free, parents can enjoy the peace and beauty of nature and everyone can share real experiences together. We invite you to read on for our wide range of offers. They are perfect for families who want to experience fun outdoors.

Photo competition: take part and win!



Your summer adventure in the Schladming-Dachstein region

Show us your best holiday picture and, with a little luck, win your next stay with us in this region. We are giving away 3 nights for 2 people in Schladming-Dachstein exclusively for ForYou Club members.

And this is how it works:

Upload your picture at schladming-dachstein.at/mysdmoment and, fingers crossed, win a holiday in the region.



Planai & Hochwurzen

Between go-kart action and summit bliss

Planai and Hochwurzen offer the perfect setting for unforgettable family adventures. Whether exciting nature experiences, thrilling play adventure stations or relaxing time-outs – the whole family can share special moments together here.

Hopsiland Planai: The mountain playground at 1,800 m altitude

High up on Planai, families can look forward to Hopsiland, a real adventure paradise for young and old. Many exciting play stations such as the splashy water world, an impressive eight-metre-high North Pole, a gold panning facility, marble-runs and fast-paced slides ensure boundless fun. One highlight of many is the idyllic forest trail, where Hopsi's forest friends tell stories. Top tip: During the summer holidays, a varied children's programme provides even more fun. Whether it's face painting, stone painting or sparkling glitter tattoos – there's plenty of variety and so much to do.



Bikepark Schladming: Trails for every skill level

A range of trails await all two-wheel enthusiasts at Bikepark Schladming. In the Bike Area (below the Planai mountain station), beginners can master their first bends on three easy routes and improve their skills whilst having fun. You want more? Then it's off on the nearly 16-kilometre-long flowline, which leads from the mountain down to the valley delighting cyclists with its gentle curves and small jumps. By the way: a total of 42 kilometres of varied trails await you at Bikepark Schladming, making it ideal for beginners as well as pros.



Mountain go-karts: Fast-paced fun on Hochwurzen

After a relaxed ascent with the Gipfelbahn Hochwurzen lift to 1,850 m above sea level, the rapid descent begins on the seven-kilometre-long winding route. On a sturdy go-kart, young and old can race safely down the hill – fun guaranteed! The combination of a breathtaking mountain panorama and relentless action makes for a unique and unforgettable family experience.

Leisurely family hike on the Bankerlweg

Enjoy the variety of idyllic rest areas on Hochwurzen! The two-kilometre-long Bankerlweg trail offers numerous benches made by employees which provide many opportunities to rest, marvel and enjoy. Every bench, including the ibex swing, the Hollywood high seat or the sunset bench, tells its own little story and tempts you to stay a while longer – perfect for breaks with a wonderful panoramic view of the Schladminger Tauern. Top tip: If you prefer something more sporty, you can continue the hike via the idyllic Rossfeld to the Ursprungalm.





Please note:
Reservation is
mandatory!

Dachstein

An unforgettable glacier experience

Dachstein is a real highlight for anyone looking for real adventure and a pure appreciation of nature. The experience begins with the ascent on the Dachstein-Gletscherbahn gondola, which takes you up to 2,700 m altitude, where an exciting day in a high alpine setting awaits you.

Glacier experiences for young and old

Whether it's the Sky Walk, Dachstein Suspension Bridge or Stairway to Nothingness, there are numerous attractions to discover around the modern Dachstein mountain station. A special highlight is the new Dachstein Sky Ladder: 12 steps lead up to a glass platform and offer a spectacular view of Dachstein. Children and adults alike will be amazed! If you want to discover even more, you can marvel at the artistic ice sculptures in the Ice Palace and immerse yourself into the mystical world of ice and snow.

Culinary highlights with panoramic views

After all these amazing experiences, taking a break in the glacier restaurant is simply a must. Here, you can spoil your whole family with culinary delights, and the breathtaking 280-degree view of the surrounding peaks. High up in the sky bar, a well-earned drink will help you enjoy the wonderful panorama to the fullest.

Hiking and enjoying nature

In summer, Dachstein offers well-signposted alpine hikes where you can enjoy untouched nature and breathe in fresh mountain air. We particularly recommend the hike to the Seethalerhütte lodge, which is rewarded with a breathtaking panorama of Dachstein.

Simply put: A summer paradise for everyone

Dachstein promises unforgettable experiences for young and old, be it with its exciting attractions such as the new Sky Ladder or relaxing hikes in the midst of the fantastic natural backdrop. This excursion is sure to be one of the highlights of your holiday.

Top tip:

Secure your fixed place for the cable car ride in advance at derdachstein.at/en/tickets-infos. Alternatively, you can make a reservation at the Dachstein ticket office.

Hauser Kaibling

Nature with lots of sheep!

Hauser Kaibling, the highest mountain in the Schladming 4-mountain ski circuit, is not only a highlight in winter, but also a paradise for families in summer. This is the meeting point for breathtaking nature, animal encounters, action-packed adventures and delicious food. More than 800 sheep graze on Hauser Kaibling in summer and the sheep theme is everywhere – with a petting zoo, a children's adventure trail, the Schafsinn pond with sheep climbing trail, Schafsinn barefoot path and more. Adventure playgrounds, themed hiking trails for young and old, wonderful E-bike tours and much more lure you to lofty heights. Legendary viewpoints, such as from the summit at 2,015 m, as well as culinary delights in the mountain lodges, guarantee an enjoyable and relaxing mountain experience.



Experiences for young and old:

- **Sheep experience:** 800 woolly friends all over the mountain.
- **Petting zoo:** At 1,400 m above sea level, enjoy soft cuddly moments with sheep, lambs, ponies, goats, rabbits and many more.
- **Water Zorbing:** You can walk across the water in giant water balls – without getting wet!
- **Paddler boats:** Simply turn the hand cranks and off you go in any direction you choose across the water.
- **Schafsinn pond:** With sheep climbing trail, sheep jumping, sheep whispering, barefoot path and much more.
- **Schafsinn circuit:** Fun and educational with a panoramic view. A perfect balance between ascent, descent and relaxation. With learning and discovery stations, magnificent views of the Ennstal Valley and a good chance of meeting a flock of sheep or two: the return journey takes you via the natural gem of Kaiblingalm.
- **Children's adventure trail:** Fun with puzzles and discoveries for children on the circular trail from the Senderplateau to the Kaiblingalm and back again. Suitable for pushchairs.
- **Playgrounds:** Engaging play equipment provides lots of fun.
- **Summer mountain lodges:** Experience regional delights, from a platter of cold cuts to Ennstal lamb specialities.
- **Paragliding:** Discover the mountain from above.



More information for you

Due to the construction of a new cable car in summer 2025, there may be partial route detours or closures. Please follow the signposting on site.

Reiteralm

The little ones are really big here!

Under the banner of “enjoy – relax – be amazed – be active”, we invite you and your family to spend a wonderful time with us here enjoying lots of unique experiences.

The alpine pasture area of Reiteralm is a huge natural playground for the whole family. The magnificent natural landscape, the panoramic view of the Dachstein massif and the unique Reiteralm-Spiegelsee lake are the main attractions. The wide range of family-friendly facilities increase the appeal even more.

Kids’ adventure world for the whole family

The children’s offer is unique and there is so much to do. The Reiteralm XL-Jump, the giant trampoline, the playground with sandpits and digger as well as the new, unique double slide directly at the mountain station and the “Goas-Steigl” children’s climbing trail allow kids to let off steam at lofty heights.

Kids’ hiking trail with adventure stations

The sunny, pushchair-friendly hiking trail with adventure stations starts directly at the mountain station and then leads along the Reiteralmsee lake through sparse mountain forest, spoiling you with beautiful viewpoints and rest areas. You can return to the starting point via the car-free Reiteralm road.



“Stille Wasser” themed water and nature trail

The family-friendly walking trail invites you to enjoy water all the way. Water playgrounds, streams and mountain lakes can be found along the trail. The raft and the viewing platform on the mountain lake are unique.

Biking fun for the whole family

On the Reiteralm Junior Trails, beginners of all ages can whizz downhill. The conveyor belt means you can do it as often as you like. Kids’ bikes can be rented directly on site. The sporty Reiteralm trails and the new skill area with various elements will excite the whole family. There is also a challenging jump line that is particularly popular with the real experts. Bike school, rental and service complete the biking action on Reiteralm.

Easily accessible

The Preunegg Jet takes you right into the heart of the fun. The cable car is wheelchair and pushchair accessible. The valley station is also easily accessible by hikers’ bus.



Rittisberg Adventure

Where family adventures reach their peaks

Laugh together, marvel together and enjoy nature together – Rittisberg in Ramsau am Dachstein is the perfect place for unforgettable family moments. Exciting experiences await adventurers of all ages here.



Kali’s puzzle rally

This rally promotes a fun spirit of discovery where children join Kali, the ‘Ramsaurier’, on an interactive tour full of tricky tasks and surprises. Nature is explored in a fun way while new puzzles are solved at each station.

New this summer

The fairytale trail is being expanded with digital language stations. Fairy tales come to life, invite you to listen and make the journey even more magical. This makes the hike a real experience for the whole family.

The 10-seater cable car takes you barrier-free up to 1,500 m above sea level. Once at the top, fantastic panoramic views and experiences are waiting for the whole family. Thrill-seekers can venture onto the forest high ropes course, where courage and skill are required, or enjoy the adrenaline rush of being high in the treetops as you gently coast along the Flyline, giving you a wonderful sense of freedom.

Rittisberg Coaster

The Rittisberg Coaster, which leads down the mountain on fast rails, also provides action and fun for all ages. If you want to take it a little easier, you can take the path to the summit cross and enjoy the incomparable view of the Dachstein massif. The tranquillity and vastness of the high plateau will make you want to stay a while. This is a perfect moment for the whole family to pause and enjoy nature.

Whether on an adventure, enjoying nature or simply spending time together in the fresh mountain air, Rittisberg combines everything needed for an unforgettable family outing. Memories are created here that will last for a long time.





Riesneralm summit experience

Little explorers – great experiences



Little guests – big adventures: Riesneralm guarantees action and unforgettable moments. Our family mountain is not only full of adventure, but also full of spirit. The good spirit KRISPINI appears there again in summer inviting you to enjoy some ‘summit bathing’.

Action for body and mind

Wooooow! The first adventures after an exciting ascent start at the middle station, where our berg-KINO promises cinematic highlights. The local wild bee farm is just as much fun as learning about herbs. On the way to the summit, the KRISPINI children’s treasure hunt presents a few puzzles to solve. At the mountain station, there is no end to the adventures with the tierHOLZpark, summit barefoot path, JAGasteig, Lawinen[GALERIE] avalanche barriers, HochSEEsitz with raft, wooden trout fishing and climbing rock. The cherry on the cake is a dip in the summit pool – just like in the olden days, and so refreshing for body and mind.

Catching the right moment

With our photo points at the “Riesner Krispen” and on the “Hochsitzplateau”, you can perfectly stage and capture your own right moments.



Family time in the mountains

Riesneralm not only offers exciting adventures, but also the perfect backdrop for family adventures together. Young and old alike will get their money’s worth here. Little explorers can embark on an exciting adventure while the adults enjoy the tranquillity and beauty of the mountain landscape. The magic of this place unites generations and creates long-lasting, unforgettable moments.

One ticket for everything

- Cable cars & transport
- Children & families
- Public pools & lakes
- Museums & more

sommercard.info



29.05. to 02.11.2025



Your Sommercard

- Available from over 1,000 Sommercard hosts
- Valid from 1 pm on the day of arrival, during your stay and all day on the day of departure
- One ascent and descent per day on a cable car of your choice

Digital Sommercard: Get the Sommercard on your smartphone with the Schladming-Dachstein App. This means you have all services and benefits up to date and ready to hand at all times.



Together
erness



World-class Ambassador

Hans Knauß is definitely one of the best-known inhabitants of the region. For years, the seven-time Ski World Cup winner was at home on the world's ski slopes. However, this Schladming local has always remained deeply connected to his homeland. Recently, he has also been expressing this solidarity by acting as a brand ambassador for the Schladming-Dachstein region, and by giving testimonials for the ForYou Club.

Living where people like to spend their holidays: for Schladming-born Hans Knauß, this has always been a real privilege. He himself grew up as the youngest of six children on Schladming's Fastenberg. This meant that he had not only the mountains of the region, but especially the slopes of Planai right on his doorstep.

So it's hardly surprising that Knauß has been skiing from an early age. What is remarkable, however, is the career he has had on skis. With seven World Cup victories, he was one of the best ski racers in the world for several years. As a TV expert for ORF, Hans Knauß analyses ski races with expert insight, a likeable wit and with a direct but objective style. Since 2021, he has also hosted the popular ORF series "Österreich vom Feinsten" (The Best of Austria). Nevertheless, the 54-year-old has always remained down to earth and deeply rooted in his home region, and still lives in Schladming today. "The region is a place full of contrasts and opportunities where I simply feel at home," says Knauß. The Schladming native finds peace and strength here as well as the best conditions to live out his passion for the sport even after the end of his active skiing career.

Knauß is still an enthusiastic skier and likes to spend his winters in the local ski resorts. He also often goes on ski tours. In summer, he swaps his skis for a mountain bike or climbs the surrounding peaks on foot. "The region and its different seasons offer me countless opportunities to be active outdoors," he emphasises. As a child who grew up

surrounded by farms, he has always felt a special connection to nature. According to Knauß, this also has an impact on the people who live here or visit Schladming-Dachstein. "It is an honest and authentic togetherness that makes the region so special," says Knauß. A clear example of this is that many regular guests have been coming back for years and have built up a deep connection with the people who live and work in the region. "People know each other here and help each other," says the former professional skier.



"It is an honest and authentic togetherness that makes the region so special"



Responsible tourism is needed to ensure that this coexistence and togetherness continue. "Both guests and locals benefit from this and it helps to ensure that nature is protected at the same time," says the Schladming local. It is particularly important to remain open to new challenges and to continue to develop. Knauß now wants to carry all of this forward in his role as brand ambassador for the region, uniting people with a shared enthusiasm for the region and promoting responsible tourism in Schladming-Dachstein.

"I am proud to pass on the values and special features of this region – from our breathtaking nature to our heartfelt community," says Knauß. Time and again, he meets people who tell him fondly about their experiences and valuable encounters in the region. "This close connection shows how deeply Schladming-Dachstein is anchored in the hearts of many."

Hans Knauß also takes on the role of spokesperson for the ForYou Club, making him the face of the many opportunities offered by the Schladming-Dachstein customer club. Members can benefit from exclusive bonuses, special experiences and exciting promotions at events. At the last Night Race in Schladming, for example, there was the opportunity to take part in the charity race or the exclusive gala in exchange for points. Points can be collected in various ways, for example by travelling sustainably to the region using public transport.

More information about Hans Knauß

Age: 54 years

Home: Schladming

Interests: Climbing, leisure cycling, hiking and mountain tours, cooking, skiing, ski tours & freeriding

"The region and its different seasons offer me countless opportunities to be active outdoors."



Questions for Hans Knauß

What fond childhood memory do you have of the Schladming-Dachstein region?

My father was a ski lift attendant at the Märchenwiesen lift on Planai. I spent the whole day there, together with friends and family. These are great, carefree childhood memories of pure freedom!

What experiences will you never forget?

The two Alpine World Ski Championships in Schladming and the Nordic World Championships in Ramsau am Dachstein will never be forgotten. The 1982 World Ski Championships in particular was a milestone for me. My dream was born to be a skier carrying the flag in the middle of the action. From then on I only ever wanted to be a ski racer.

What is your greatest achievement?

My greatest success was winning the downhill race on the legendary Kitzbühel Streif in 1999.

What is typical of you?

I'm fun-loving and communicative – I love getting in touch with people, sharing experiences and passing on my enthusiasm for sport and the region. It doesn't matter if it's on the slopes, in nature or in a good conversation. What counts for me is togetherness.

What is your favourite food?

A good Tafelspitz! Boiled local beef in a rich broth, it is hearty, down-to-earth and just the right thing to recharge your batteries.

How do you relax in your free time?

I love being out in nature, especially in the mountains around my home, and also on my motorcycle, when I can feel free on two wheels.

What is your favourite time of year?

I am an absolute winter person. The cold, the snow and the clear mountain air are simply part of it for me. But the other seasons also have their charm, especially autumn, when the mountains glow in the most beautiful colours and the view is so incredibly vast.


What are you looking forward to in the future?


I'm looking forward to 25°C, bright sunshine and a perfect day in the mountains. First cycling and then a summit hiking tour, followed by a cool drink and regional delicacies at a mountain lodge or inn. This is what summer tastes like in my home region!


Welcome to the ForYou Club


Register now, collect points and benefit! Download the Schladming-Dachstein App and become part of the ForYou Club. You earn your first bonus points just by registering – and then you can keep on collecting. More for you:


Collect points


 Your accommodation booking will earn you valuable points.

 Discover the region and take part in exciting Check-In Challenges. Whether for "Bergretter" fans, adventure seekers or our little ones, there is something for everyone in the challenges. Visit the locations, check in and collect valuable bonus world points.

 Invite up to three of your friends and collect points together.


 Write a rating and secure additional points.


 Arrive sustainably and score more points.


 You can earn even more points by buying tickets under ForYou Club conditions, for example.


Collect points and benefit!


Redeem points and enjoy the benefits


 **Competitions:**
Win tickets, holidays in the region, entry to events, ski passes and high-quality sports equipment – exciting prizes await you!

 **Unforgettable experiences:**
Take part in special events and enjoy unforgettable moments that are only available at the ForYou Club.

 **Bonus world with rewards:**
Collect valuable points that you can redeem for first-class rewards and vouchers.

 **ForYou Club promotions:**
Look forward to discounts in the ticket shop and exclusive offers.

 **Insider tips and challenges:**
Explore the region with exciting Check-In Challenges that combine fun and rewards, and be inspired by Virtual Experiences.

 **... and much more:**
Discover additional benefits such as free shipping in the web shop and other highlights that will enrich your stay.



Experience exclusive events



Specials: 1+1 offers



Experience special moments



Get first-class rewards

More for you!



Great competitions



Enjoy culinary highlights



Secure attractive discounts



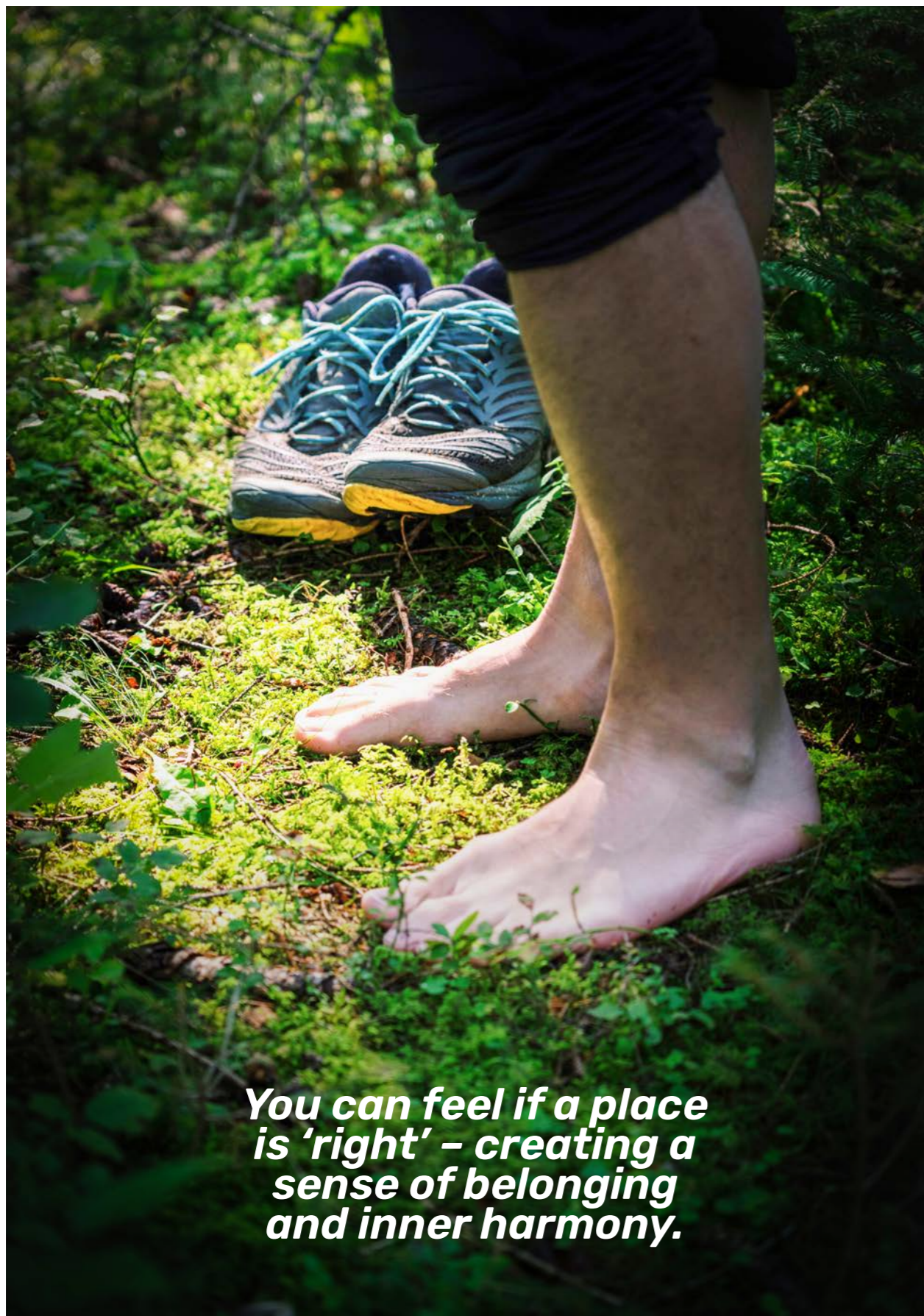
Unique highlights

The Schladming-Dachstein App – your personal holiday companion on the go

- Access to the ForYou Club & insider tips
- Digital Sommercard: All services and benefits are always up-to-date and handy on your smartphone. You can also save several cards and use them conveniently.
- Overview of tours, gastronomy & attractions
- Fixed seat booking for the Dachstein panorama gondola
- Weather & webcams, bus timetables
- Events & ticket shop
- Digital guest folder
- Ticket shop & highlights

Be part of it! Download the Schladming-Dachstein App now!





You can feel if a place is 'right' – creating a sense of belonging and inner harmony.



Energy from nature

There are places in nature that allow us to calm down and recharge our batteries. Here we can consciously switch off, take a deep breath and recharge in harmony with our surroundings. This effect can be felt even more intensely with targeted breathing and movement exercises, for greater well-being and inner balance.

Everyone has it – that one special place in nature that touches us deeply; a place we return to again and again to recharge our batteries and draw new energy. Perhaps it is the scent of the spruce needles in the forest, the gentle babbling of a mountain stream or the fresh wind blowing around us on the summit that makes this place a personal place of power. Here, nature invites us to pause, connect with ourselves and let go of everyday life.

with targeted breathing and relaxation exercises in the four municipalities. This allows you to feel the power of these places intensely and establish a deep connection to the landscape, whether alone, with a partner or in a group.



Recharge energy 15 times

Nature around us as well as our own nature – our character, our temperament – are our strongest sources of health. In the Grimmingland health region, covering the four municipalities of Aigen im Ennstal, Irdning-Donnersbachtal, Stainach-Pürgg and Wörschach, you will find 15 special nature.power.places. that will bring peace, energy and well-being. Here you can take a deep breath and do something for yourself.

In resonance with nature

Our environment influences us far more than we often realise. Resonance exercises allow you to find a gentle connection to yourself through the energy of nature, without any effort, just by consciously walking and moving in harmony with the landscape. Together with resonance expert Sabine Schulz, the strongest nature.power.places. were combined





Every landscape gets its exercise

Peaks and open areas invite you to make expansive, liberating movements, while watercourses inspire flowing, gentle sequences. Resonance exercises help you to consciously perceive the natural rhythm of the place and increase your own well-being through targeted movement, breathing and thought impulses. You can feel if a place is 'right' – creating a sense of belonging and inner harmony. This deep experience is rooted in our developmental history. Our body remembers its existential connection to nature, a state that is particularly beneficial in stressful times.

Your best precaution

Nature is one of the most powerful sources of regeneration. It restores your body and soul at the same time. Exercise in the fresh air relieves tension, reduces stress and energises you. Movement helps to prevent pain by maintaining mobility and fitness. People who exercise regularly are more aware of their body, remain more flexible and improve their well-being in the long term. Make exercise a part of your daily routine – for a better quality of life and long-term health!

For further reading

The brochure with exercise descriptions is available free of charge from the information offices and from the municipalities and hosts in the Grimmingland health region.

Information about the nature, power.places. and guided hikes at: schladming-dachstein.at/nature-power-places



Lasting effects confirmed

Scientific studies show that mindfulness and relaxation exercises in nature help us all in the long term and are especially helpful for people with depression. Positive feelings are strengthened while stress is reduced, and this can still be measured three months later. They also strengthen our bond with nature, which promotes environmentally conscious behaviour.



10 tips for your best nature experience

1. Plan your hike to the nature.power.place. carefully and set your mobile phone to flight mode.
2. Start with enough time and be open to new experiences.
3. Find your desired speed and vary your pace.
4. Actively perceive the landscape, since every 'landscape stage' has its own effect.
5. Lean against rocks and trees and feel their energy.
6. Listen to your body – give yourself breaks when you need them.
7. Sharpen your senses for the beauty of nature. The more you perceive, the more it can bring about healthy balance and relaxation.
8. Let go of expectations – be curious about the gifts of nature and discover new paths. Find out more about yourself.
9. Take the best exercises home with you, strengthening and recharging yourself until the next time.
10. Try out the WALKING TIPS on the website. They are also suitable for couples or groups.

Power places



Benches at Lake Putterersee Aigen im Ennstal

As you walk around the moorland lake, you can feel the soft ground underfoot. The light creates a special atmosphere at all times – goosebumps are free!

The resonance exercise for you HORIZONTAL WATER '8S'

- Use your hands and arms to draw horizontal '8s' in the air: small or increasing in size, synchronised or opposite.
- To increase the intensity, let your whole upper body swing along.

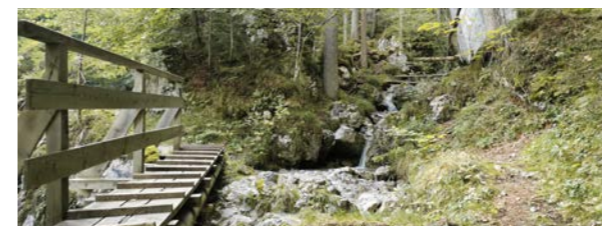


New Plannerkreuz cross Irdning-Donnersbachtal

At the New Plannerkreuz cross in the middle of the highest Styrian mountain village, you have a fabulous view (only 30 minutes' walk).

The resonance exercise for you EXTERNAL WIDTH – INNER WIDTH

- External width: Standing in a stable stance, swing your arms around the axis of your back.
- Inner width: Breathe in for 5, hold your breath for 5 and breathe out for 5. Repeat as often as is good for you.



Rock & water spot on the Fürstensteig trail Wörschach

Forest, rock and water: the Fürstensteig trail winds its way up and down through the forest and connects the two villages of Wörschach and Stainach-Pürgg.

The resonance exercise for you PINEAL GLAND ACTIVATION 'ROCK KISS'

- Find your favourite spot at the rock and water spot, near the rock.
- Gently touch the rock with the centre of your forehead (= pineal gland).



Johanneskapelle in Pürgg Stainach-Pürgg

Inside the chapel there are beautiful Romanesque frescoes from the 12th century, which are among the most beautiful wall paintings in Europe.

The resonance exercise for you LIGHT SHOWER FOR THE DIAPHRAGM

- Perceive the light with your eyes closed.
- Breathe in deeply and absorb the light. Breathe out, close your nose and mouth and try to breathe in. Feel the movement in your diaphragm.

Even more places to recharge your batteries

Gröbming

Please inhale! The brine concentrating house in the Kurpark is a true open-air inhalation site. Brine is sprayed over hawthorn bundles. This provides relief from allergies, is good for the heart and circulation, and promotes relaxation.



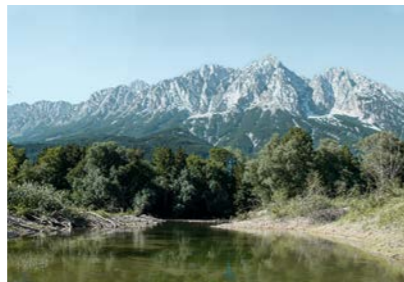
Michaelerberg-Pruggern

Find your tree of life! On a relaxed family walk (walking time 1:30 hrs) along the Tree Horoscope trail, you will gain exciting insights into your nature, your strengths and weaknesses, and learn interesting facts about your own tree.



Mitterberg-Sankt Martin

A natural oasis! The LIFE+ project by the Federal Ministry and the Province of Styria widened the River Enns upstream of the Salza confluence. The result is an idyllic, accessible spot near the Strimitzen district.



Aich

"In the sunlit mountains, I can only be silent and blissful in devotion." Peter Rosegger's words capture the magic of this special place. His memorial on the Horstigweg trail to the Stoderkircherl invites you to pause and take it in.



Ramsau am Dachstein

Nature meets inspiration! You will find a place of power and silence at the summit cross on Rittisberg. Surrounded by nature and a fascinating land art exhibition, you can come up here and inhale deeply.



Öblarn

Pure refreshment! Nestled between the forest and Walchenbach stream, you can feel the energy of nature in the meadow. A special microclimate awaits you here, offering relaxation and cooling-off in the stream and Kneipp facility.



Schladming

Step by step in a power place of nature! Above the Rohrmooser Schlössl castle, the Talbach circuit leads into a mysterious gorge landscape. Wooden steps overcome steep passages and secured ropes help you to stay sure-footed.



Haus im Ennstal

An idyll for all the senses! The spot at the watercourse of the 'old mill' along the hiking trail to the Kneipp facility is picturesquely situated in the forest. In this atmosphere, you can switch off, recharge your batteries and refresh yourself.



Sölk

The church in Stein an der Enns was built over 70 years ago as a chapel of thanksgiving. To this day, it radiates an extraordinary aura and energy. This special place of power also offers you a wonderful view.





Growing together



For over two decades, the Lebenshilfe Ennstal horticultural team has been cultivating a 1,200 square metre area in the small town of Irnding. It combines social responsibility with sustainable agriculture. The "Horticulture" project is considered a pioneer for inclusion and regional development.



Horticulture with heart and innovation

What began in 2001 as a small co-operative with a 300m² field has developed over the years into a flourishing nursery with an area of 1,200m² under cultivation including a sheet greenhouse. The organic cultivation of a wide range of vegetable and herb varieties, herb tours, site maintenance in communities and the sale of young plants and home-grown seeds, especially old varieties, are integral parts of the project. A special highlight is the cultivation of the "Ennstal outdoor tomato", which was specially developed for the region and is adapted to the local climatic conditions. But "Horticulture" is about more than just natural gardening.

Training and working in harmony with nature

Inclusion and social responsibility

Ten people with disabilities work in horticulture at Lebenshilfe Ennstal under the guidance of five specialist assistants. Hans-Peter Gruber is the public relations officer for Lebenshilfe Ennstal and has two disabled sons himself who work for Lebenshilfe – one of them in horticulture. "My motivation and that of all of us is to make a difference and support people in their development." The female and male employees in horticulture are also referred to as "customers." Why? "Because in truth, they are our employers, and it's our job to support them in their work, in every stage of development and in all life situations, in the best and most equitable way possible," says Hans-Peter. The tasks range from gross motor activities in the field to botany and fine motor work in plant cultivation. "Working in horticulture can be equated to a full-time job. There are fixed working hours, leave and financial recognition. Not only in horticulture with its unique possibilities, but throughout Lebenshilfe Ennstal, all clients are individually supported and accompanied. Our oldest client at our location in Liezen, for example, is over 90 years old!"

Creating visible results

Clients and specialist assistants share the joy of working in and with nature and watching the plants grow throughout the annual cycle – from the collection of seeds to sowing in spring and harvest. In this way, they experience that they are productive and that their work creates something beautiful, useful and delicious.





The annual cycle of the plants is reflected in the day-to-day work of this horticultural project. In the warm season, of course, time is spent outdoors, while in winter, for example, they make advent wreaths and learn about plants. "At the end of the day, we can see what we have created together. This is incredibly valuable for us," says the horticultural team in unison. Direct contact with customers is also particularly valuable for the clients. Gardening enthusiasts can buy the young plants directly from them on certain days. This exchange with other people is very good for the employees of Lebenshilfe Ennstal. The "Horticulture" project shows that growth here is about more than just plants and is a benefit for the entire region. "My active social conscience was born 28 years ago with my boys. Without them, I probably wouldn't be working for Lebenshilfe. I am still convinced that we do valuable work for and with valuable people in our horticulture and in our entire organisation," concludes Hans-Peter.



The entire horticultural team is particularly proud that many customers between Radstadt and Upper Austria are welcomed as regular customers. The young plants produced are of very high quality and perfectly adapted to the region thanks to the selection of varieties and the seeds, some of which are their own. "When we're not all in the garden, we've been planting and maintaining the municipal area of the market town of Stainach-Pürgg for around 20 years. This includes selecting and ordering the plants, planting, and weeding later in the summer. The parks in Stainach and Pürgg are also mowed by our horticultural team."

Highly professional work is possible with people with disabilities. The entire horticultural team is pleased to be perceived by a large part of the population as a normal horticultural business.

All the facts about the project

- **Foundation:** Founded in 2001 in cooperation with the Raumberg-Gumpenstein Higher Agricultural College
- **Cultivated area:** 1,200 m²
- **Organic certification:** Since 2016
- **Employees:** 10 clients (people with disabilities), 5 specialist assistants
- **Special feature:** Project to breed the Ennstal outdoor tomato
- **Plant sale:** Grimmingwerkstätte der Lebenshilfe Ennstal, municipality of Irdning-Donnersbachtal, Landmarkt Aigen, Blumenhüttl Wörschach



"My motivation was to make a difference, to help and support people."

HANS-PETER GRUBER





Trailb

lazing



Inspiring *journey*

Days full of summits, lakes and mountains. You can find them all on the Schladminger Tauern Höhenweg. We'll show you where to find the 'high' you are looking for.

Mountain ranges reach up towards the sky and reflect in the water at the same time. Rock formations from times long past make you forget the present. Water accompanying your journey in all its various forms is like a balm for the soul. The Schladminger Tauern Höhenweg high altitude trail combines many of the region's natural beauties and lifts you up. Not just for a moment, but for a whole five days – and then long after that too! We have split the 45 km tour into five daily stages. This is for anyone who simply wants to switch off for five days, forget time and space, and experience the natural high of hiking.

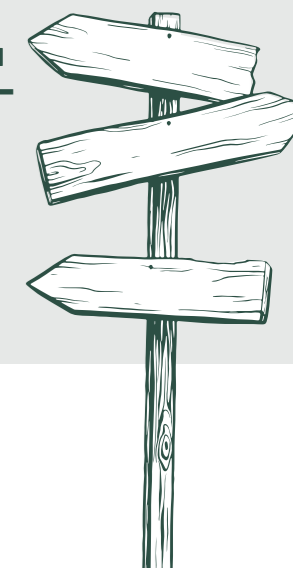


Stage 1 From the summit of Hochwurzen to the Giglach Lakes

Soft ground, moss and lichen spread out as far as the eye can see. The path along the mountain ridge reveals views of the Dachstein massif, and is topped off by three lakes at the end. The first stage, starting at the summit of Hochwurzen, has many highlights. From the Hochwurzenhütte lodge at the summit, take path #60 via Kleine Wurzen and Hüttecksattel to Rossfeld. Continue to Latterfußsattel and, from there, walk to the Guschen vantage mountain. At the summit cross at 1,982 m altitude, you will start to feel the natural high which we have been talking about. Hiking trail #773 leads past the Hochfeldmandl – a large stone figure below the Hochfeld summit, until you reach the lakes of Klammsee, Brettsee and the well-known Giglachsee.

More information for you

You can easily reach the starting point in Rohrmoos by using the combination of the hikers' bus of the Planai-Hochwurzen-Bahnen and the Gipfelbahn Hochwurzen gondola.





Colourful signs. Texts suitable for children. And a dragonfly called Lilly that gets the little ones walking.

The children's walking trail from Ursprungalm to the Giglachseehütte lodge is ideal for families and offers a varied ascent to the Giglach Lakes. Dragonfly Lilly accompanies you throughout the walk, tells exciting stories about the animal world and has a riddle and a surprise in store. The trip is also rewarding for adults, as regional specialities await you at the Giglachseehütte lodge. Host Gerhard Pekoll says, "We serve organic beef from our own farm and plant-based dishes. Many products come from the region and we attach great importance to quality. There is also something for children on the menu." Lilly the dragonfly is very popular with guests, and the route is ideal for families. It takes around an hour to reach the lodge, surrounded by two beautiful mountain lakes, where it stays pleasantly cool even in summer. But the hiking area around the Giglach Lakes has much more to offer. All around, numerous peaks are calling to keen hikers, like the Styrian and Lungau Kalkspitze – as well as crossings such as Murspitzsattel or Rotmandlspitze.

Many products come from the region and we attach great importance to quality

GIGLACHSEEHÜTTE LODGE



Stage 2 From the Giglach Lakes via Rotmandlspitze to the Keinp rechthütte lodge

Pink alpine roses in bloom, old ruins of former mountain refuges, and the last snow fields shimmering in the sun accompany you on the way to the summit. The second stage of the Schladminger Tauern Höhenweg couldn't be more diverse. The tour starts with a hike to the eastern end of the large Giglach Lakes. Continue along path #702 past the ruins of a former miners' hostel, which adds a historical dimension to the tour. If you have looked into the history of Schladminger Tauern, you will know that the region was well-known for mining until the 19th century. Afterwards, immerse yourself in the incredibly varied mountain landscape and unwind while hiking over scree fields and along hairpins up to the summit of Rotmandlspitze at 2,453 m above sea level. The view of Giglachkar and Duisitzkar is your reward. From Krukeckscharte, there are many hairpin bends to the destination of this stage: the Keinp rechthütte lodge.



Enhance the summit experience

The second stage is the shortest daily stage. If you have the energy, you can add an ascent to the Styrian and/or Lungau Kalkspitze (an additional 3 to 4 hours).

Stage 3 Via Trockenbrotscharte and Gollingscharte to the Gollinghütte lodge

Rough rubble, melting snowfields and an unusual array of plant life surround you. When you reach Gollingscharte, you might feel like you're visiting another world. Here, the gentleness and beauty of nature overlaps with its rawer forces like nowhere else. To get to this special place, you first walk from the Keinp rechthütte lodge to Trockenbrotscharte. If you're lucky, you'll be there when the alpine rose is in bloom, covering the slopes in glorious pink blossoms. After a short descent, you reach the Landawirseehütte lodge. The Landawir Lake are a short detour away. Continue along the road downhill into Göriachwinkel to Gollingscharte and finally to the Gollinghütte lodge. Only hikers with high alpine experience should attempt the ascent to the summit of Hochgolling. You can find more details about this route and a short descent variant on our website.

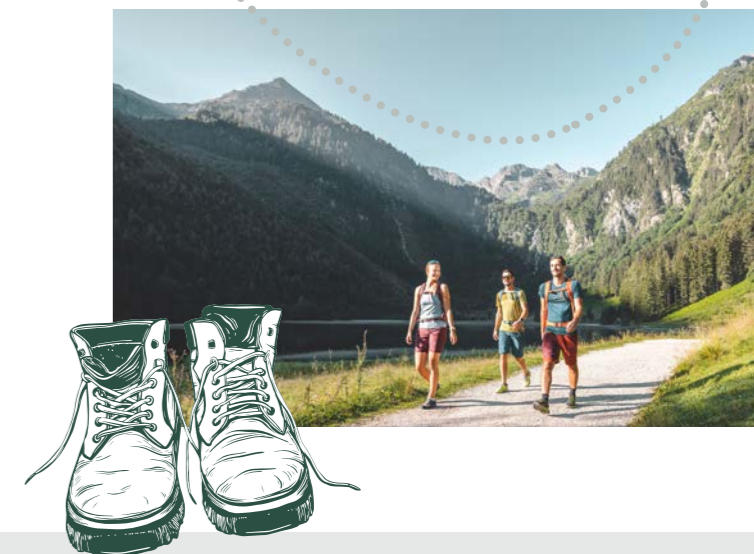
Stage 4 From the Gollinghütte lodge via Klafferessel to the Preintalerhütte lodge and Waldhornalm

Deep dark blue, mysterious and calming at the same time, envelops you in the middle of a barren, desert landscape. There is nothing but peaks and ridges, rocks and crevices, highs and lows. The perfect area to experience your next natural high! This is the best description of the Klafferessel, because everyone arriving here is amazed by the lake-strewn landscape and the unique alpine flora, relics of the last ice age. To get here, you start from the Gollinghütte lodge and climb steeply up to Greifenbergsattel, past the small Sattelsee lake and finally to the highest point of the Schladminger Tauern Höhenweg: Greifenberg at 2,618 m above sea level. The view of the Klafferessel lake region is spectacular. From here, the descent leads steeply downhill through a high alpine landscape and is partially secured with steel ropes to reach the Klafferessel lake district safely. Walk through this high alpine lake district to Klafferscharte, and finally a little steeper downhill through the Lämmerkare basins to the Preintalerhütte lodge and Waldhornalm.

HIKING

Stage 5 Via Neualmscharte and the Hans-Wödl-Hütte lodge in the Seewigal Valley to Lake Bodensee

Absolute paradise – a grandiose natural arena with unbeatable water features awaits you here. The fifth stage is a dream come true for any nature or water lover. It takes you via Neualmscharte into the Seewigal Valley to the 3-lake tour, where you can choose your favourite from the Obersee, Hüttensee and Steirischer Bodensee. Follow the Höfertsteig path #782 to the Planai wayside cross and then turn right on path #782 to Neualmscharte. On the way there, you can take a short detour to the Wildlochsee lake. On the descent from Neualmscharte, you will pass the individual lakes, and make sure you enjoy a stop at the Hans-Wödl-Hütte lodge. Just before you finally reach the Steirischer Bodensee lake on the hiking trail, a detour to the waterfall is a definite must. Continue out of the valley to the Seewigalstüberl inn at the car park with the hiking portal, from where the hikers' bus leaves for Schladming. Speaking of buses: sustainable travel by hikers' bus is possible across all the valleys!



More information for you

Additional information, alternative routes and everything you need to know about the extended seven-day stage can be found here.



ORTOVOX | 



**SIMPLY FREE
OUTDOORS**

44-45

Perfect All-rounder



With THE ONE SEASON, ORTOVOX presents a new collection that focuses on deliberate reduction. It combines versatility and functionality with a timeless design language, creating space for intense experiences, for fresh inspiration, for the moment. THE ONE SEASON is made for all those who want to experience as much as possible with just a few products.

Our lives are fast and complex, dominated by the digital world, information overload and a barrage of choices. The need for simplicity and clarity, for freedom and flexibility is therefore all the greater. We find all this in the mountains, in nature, in the places where ORTOVOX is at home as a brand. They are our sources of strength, places of peace and quiet and places where we build real connections – to ourselves, to nature and to friends.

THE ONE SEASON reflects the desire to shed all excess and concentrate on the essentials. The clean, purist SE-CEDA line with 3-layer hardshell, softshell combination and tights makes it easy for us in the truest sense of the word. It is ready for use all year round – for the most diverse activities in the most diverse conditions. It is robust and functional, adaptable and timeless. The line you always reach for first.

And as with all its products, ORTOVOX relies on well thought-out design and high-quality, sustainable materials. The accompanying all-rounder, the TRAVERSE PURE rucksack, also uses recycled polyamide and enables more environmentally friendly production thanks to its spundyed and undyed fabrics.

Further information is available here.



The perfect all-rounder:
TRAVERSE PURE rucksack





Freedom at hand

INSIGHTS FROM A PROFESSIONAL



As a state-certified mountain and ski guide, Michael Perhab regularly takes guests through the rock faces and to the summits of the region. He also loves climbing in his own free time and will take on even the biggest mountaineering challenges in the region.

Michael Perhab would love to spend every free moment on the mountain. Fortunately for him, being a professional state-certified mountain and ski guide means that he is already halfway there. The young Ramsau local is particularly fond of sport climbing. You will find him in his element on a grippy rock face on a huge overhang above hundreds of metres of abyss. The 27-year-old was practically born with a love of climbing. His father, also a mountain guide from Ramsau, regularly took Michael on tours in the mountains of the Schladming-Dachstein region as a young child. At thirteen, Michael got the bug for climbing on a climbing holiday in Mallorca. "That's where I felt the freedom of climbing for the first time," recalls Michael.

That marked the start of Michael's climbing career. As soon as he returned from that holiday, he started targeted training to master the next level of difficulty. "In the early years especially, my goal was to become as good as my father," says Michael.

Over the next few years, he did. The tours were becoming increasingly harder and more alpine, and he also became involved in mountain rescue. Finally, Michael followed in his father's footsteps in another area: in 2020, he began a three-year training course to become a mountain guide himself. Since successfully completing his mountain guide training, Michael has accompanied dozens of guests on mountain and climbing tours throughout the whole Alps range. However, the Ramsau native is always drawn back to his home region. "You come home and you know why you're coming home. Because the other mountains simply can't give you that feeling."



"Many people don't know that Schladming-Dachstein is one of the best regions for climbing in Austria"





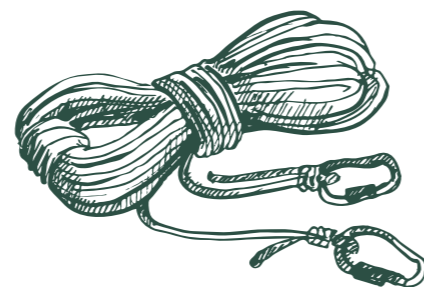
With 33 via ferratas, more than 1,000 alpine climbing routes and hundreds of sport climbing routes, there is also plenty of choice in the region. "Many people don't know that Schladming-Dachstein is one of the best regions for climbing in Austria," Michael explains. The choice ranges from easy via ferratas for beginners to high alpine climbing routes that challenge even experienced climbers. According to Michael, there is a suitable tour for every guest. However, self-assessment is particularly important when choosing a climbing tour. "This is something that many people find very difficult," says the mountain guide. On his tours, Michael has experienced guests who have overestimated themselves. Some might also underestimate their abilities at first. "There's a big difference between bouldering indoors and climbing an alpine route outdoors in wild terrain." Similarly, a challenging hike cannot be compared with a via ferrata. Michael's advice: "Approach it slowly and don't start with the most difficult tour straight away."

The via ferrata on Ramsau's Sattelberg has a reputation as a good introduction to climbing in the region. The state-certified mountain guides in Schladming-Dachstein also offer regular via ferrata courses. Even outside of courses, having a mountain guide is not a bad idea to improve your alpine experience. "Even if you only spend one day with a mountain guide, you can learn a lot," emphasises the 27-year-old.

Michael loves to be out and about in the Dachstein mountains, both with guests and in his spare time. "Dachstein is really great for climbing and it's a lot of fun to guide there," he says. The first via ferrata of its kind in the Eastern Alps, Randkluftsteig, was built here back in 1843. Even today, the via ferrata still leads along the same route to the 2,995-metre-high Dachstein summit. As a mountain guide, Michael regularly climbs 'the roof of Styria' via the via ferrata. He has often seen his guests shed a few tears at the summit. "Many people think they won't make it up the mountain. We try to help and motivate as much as we can." If they do manage to climb Dachstein, it is a pretty emotional experience for most of them. For Michael too, these count as some of his best mountain guiding moments.



"On the south face, you never make the same handhold twice in 1,000 holds. That's what makes climbing here so stimulating."



Michael's climbing tips for you



Equipment and clothing

The right equipment is crucial. In addition to climbing equipment, which varies depending on the type of tour (via ferrata, sport or alpine climbing), your rucksack should include sturdy, ideally ankle-high mountain boots, several layers of clothing to protect you from the elements, adequate sun protection and emergency equipment (e.g. first aid kit).



Body and mind

Tours should be adapted to the ability and fitness of all group members in terms of length and technical difficulty. If in doubt, it is better to undertake easier tours and then slowly approach the more difficult climbing routes. Mental fitness is also particularly important when climbing. If you have any doubts, it is better to stop the tour earlier rather than too late.



Tour planning

Intensive analysis of the planned tour is essential for both via ferratas and climbing tours. For almost all climbing routes and via ferratas, there are topos on the internet and in mountain sports shops; maps which graphically depict the difficulty, length and course of the tour. You can also obtain good information about the current tour conditions from local mountain guides.



Weather

The weather is particularly important for mountain and climbing tours. It is best to obtain up-to-date weather information both the evening before the tour and on the morning of the tour. You should also regularly observe the weather during the tour and make appropriate decisions. Take particular care if there is a risk of thunderstorms!



Comparison with real conditions

During the tour, you should always make comparisons with the tour planning: Does the actual route match the original plan? Is the time required for certain sections of the route still within realistic limits? It is important to consider the situation as carefully as possible and draw the appropriate conclusions.



Tips from professionals

If in doubt, you should always rely on professionals and hire a state-certified mountain and ski guide. They offer via ferrata and climbing courses and can provide valuable tips for mastering all alpine challenges along the way.



However, it's not just the Dachstein summit, but also the steep rock face below it that quickens Michael's mountaineering pulse. The 850-metre-high Dachstein south face is one of the most impressive climbing walls in the Eastern Alps. In 1909, the two Ramsau brothers Georg "Irg" and Franz Steiner opened one of the most famous routes through the rock face, "Steinerweg". Since then, numerous other climbing routes have been added. "On the south face, you never make the same handhold twice in 1,000 holds. That's what makes climbing here so stimulating," says Michael. Probably the greatest alpine challenge on the Dachstein south face is the "Direttissima". The climbing route leads in an almost vertical line, the most direct route, through the rock face to the Dachstein summit. There is also a huge overhang to overcome with the 'roof'. There is a long list of mountaineers and climbers who failed to complete the challenge. In 1967, alpinist Leo Schlömmner, together with Peter Perner, the landlord of the Südwandhütte lodge at the time, made the first successful ascent. Only a few have done the same since.

Even for experienced climbers like Michael, the south face Direttissima is a 'mega challenge'. Nevertheless, the 27-year-old is determined to conquer the route as well. "The roof is really steep and that really appeals to me," explains Michael. He even wants to go one step further than his predecessors and do the Direttissima in a free climb, i.e. without rope and completely under his own steam. Not an easy undertaking. According to Michael, this requires a good head, a lot of time and the appropriate fitness. The wind and weather conditions must also be right for climbing. "The most difficult thing is to ensure that all the components come together," says Michael. In the summer of 2023, the Ramsau native and his climbing partner, Roman Mayerl, a mountain guide from Gröbming, made their first attempt at the Direttissima. Michael was curious right from the start about how climbing this route would feel – and the first ascent attempt left a lasting impression. Even for the experienced climber, the overhang with the deep abyss made quite an impression. "It's quite a hairy experience when you're up there. That's not something you come across every day."

They couldn't complete the ascent that day, but it was not a setback for Michael as "climbing always has ups and downs". His motivation to complete the south face Direttissima one day remains unbroken. He wants to try again this summer, but without getting too hung up about it. "If it isn't meant to be, then it isn't meant to be." For him, the experience counts more than success.



'Highly' interesting facts



33 via ferratas

in the Schladming-Dachstein region
(22 of which are in Ramsau am Dachstein)



More via ferratas

also on Reiteralp & Stoderzinken
(with via ferrata park)



Altitudes

from 700 – 3,000 m



Difficulty level

from A (easy) to E (extremely difficult)



Special via ferratas for children and youths

on Sattelberg (the first of their kind in Europe)



16 mountain and climbing guides



Entry-level courses with via ferrata certificate

in Ramsau am Dachstein for climbing enthusiasts aged 7 and over

You can find everything you need to know about climbing in Schladming-Dachstein here.



Summer in your element

You don't have to be in walking boots or on a mountain bike to hit the bullseye in the Schladming-Dachstein region! We have put together a short but fine selection of activities off the hiking and mountain biking trails for you that promise action, fun and enjoyment.

Pleasure cycling along the River Enns

You don't have to be on a mountain bike to enjoy the Ennstal Valley on two wheels. Thanks to the Enns Cycle Path, the region can also be explored by leisure cyclists and is almost flat. Directly alongside the water, the path follows the course of the River Enns for 240 kilometres and practically crosses the region from west to east. Not only can you marvel at the magnificent mountain panorama with Dachstein, Niedere Tauern and Grimming, there are also historic towns, idyllic villages and impressive buildings such as Trautenfels Castle to discover. If you only want to cycle in one direction, you can easily get back to the starting point by train or with the bike shuttle service of the regional taxi companies (free with the Sommercard).



White water

From mirrored mountain lakes to rushing mountain streams – water comes in many forms in the region. Splashing adventures and great refreshment on a hot summer's day are the order of the day here. There are numerous water experiences to try throughout the region: from rafting and kayaking tours in white water to canyoning and multi-day river trips along the River Enns. Local guides are happy to provide you with the tools you need. If you already have white water experience, you can also hire kayaks yourself and plunge into the water on your own. There are also several swimming lakes and pools, such as Schladminger Erlebnisbad, Lake Putterersee or Riesneralm-Gipfelbad at 1,900 m altitude, which allow you to jump into the cool water at any time.



Whizzing downhill

Schladming-Dachstein is not just for sliding downhill in winter. In summer too, you can whizz down into the valley on several mountains at a variety of speeds. For example, on Rittisberg in Ramsau am Dachstein, the Rittisberg Coaster is a summer toboggan run where you can whizz down the mountain in orange one- or two-seater toboggans at a speed which you set yourself. Another highlight is on Hochwurzen where the winter toboggan track becomes a seven-kilometre mountain go-kart track in summer for adrenaline junkies of all ages.



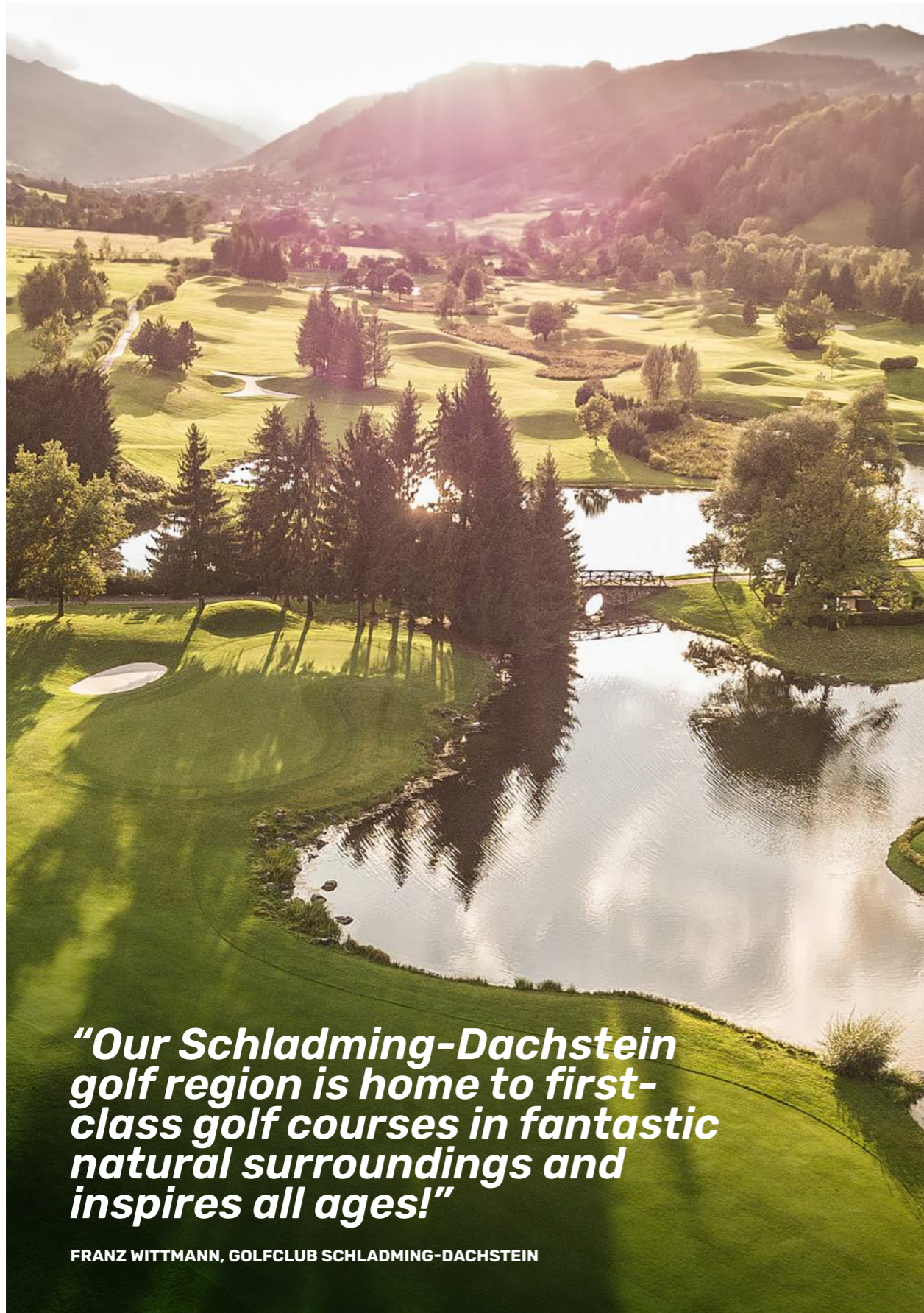
Peaks from above

If you've ever wondered how the region looks from a bird's eye perspective, paragliding has the perfect answer. You can get up even higher from several mountain tops. Hauser Kaibling in particular has made a name for itself among enthusiasts with its excellent starting conditions. You can also take off from the peaks of Planai and Hochwurzen. Several flight schools also offer tandem flights, where you can sit back and relax while you take to the skies with an experienced professional. If you want to find out more, the region's flight instructors offer a wide range of courses, training and further education opportunities. There is nothing standing in the way of fulfilling your dream of paragliding.

Bullseye

An 'excite-string' experience awaits archery enthusiasts in Schladming-Dachstein. With eight different 3D archery courses, the region offers a wide range of activities for archers and anyone who wants to become one. The courses are located at altitudes of 730 to 1,650 metres above sea level and offer the perfect challenge for professionals, beginners and families alike. Planneralm has even distinguished itself internationally, and every year since 2011, the best archers have met here for the World Championships in 3D archery. There are also exciting courses to discover on Rittisberg, in Donnersbachwald, in the Sölkta Valleys or in Schladming-Rohrmoos. Training courses and seminars are offered for anyone who wants to try their hand with a bow and arrow for the first time to learn the right technique.





“Our Schladming-Dachstein golf region is home to first-class golf courses in fantastic natural surroundings and inspires all ages!”

FRANZ WITTMANN, GOLFCLUB SCHLADMING-DACHSTEIN

Golfing with a view



Golf is attracting more and more young, active people who value technique, strategy and the experience of nature in equal measure. And where better to find this than in Schladming-Dachstein? Four first-class golf courses, a unique organic golf club and the wonderful mountain backdrop make every round unforgettable. Are you ready for the perfect drive?

The Schladming-Dachstein golf region combines sporting challenges with a wonderful landscape. Whether you are a competitive single-handicapper or just play to relax, everyone will find the perfect setup for an unforgettable round here. The region offers an outstanding choice for golfers: four 18-hole golf courses and a 9-hole organic golf course are available. In addition, 18 golf partner companies have tailor-made offers and attractive discounts in store.

The golf courses at a glance:

- Golfclub Schladming-Dachstein**
This course is one of the best in Austria. Challenging fairways, spectacular water landscapes and the infamous “Crocodile Hole” make for a unique round of golf.
- Golf & Country Club Schloss Pichlarn**
This is one of the most traditional golf courses in the area, harmoniously embedded in nature. After the re-design in 2024, the course offers an exciting challenge for all handicap classes.
- Golfclub Radstadt**
The highlight of this 27-hole course is the globally unique “Birdie Jet” – a cable car that transports golfers to the spectacular 12th tee. Stunning views included.
- Golf- & Landclub Ennstal-Weißbach**
Europe’s only golf course in a “Natura 2000” protected area offers a natural, flat 18-hole course and a relaxed golfing experience.
- Bio-Golfplatz Kobaldhof**
The world’s first organic golf course focuses on sustainability and closeness to nature – a concept that perfectly combines golf and environmental awareness.

HotelPlanner Tour

From 3 to 6 July 2025, the second most important golf tour in Europe will take place at the exclusive Schladming-Dachstein Golf Club. Be there when the best players in the world compete for victory on the HotelPlanner Tour!





Master of the line

A biker with discipline, exceptional skill, courage and focus, yet also commitment and passion: up and coming downhill hope Andi Kolb is much more than just a 'wild dog' on the bike.

Damp roots, large gaps, scree and loose ground. Speeds of up to 70 km/h. Pure adrenaline. A bike with a completely lowered saddle can be seen between the tight hairpin bends and high obstacles. The biker confidently wends his way down towards the Planai valley station. After a long jump, he suddenly stops. He comes to a standstill and reaches into his trouser pocket. "Hi. Just a moment, I have to take my helmet off." It sounds like a cheesy advert but is in fact real life: Austria's great downhill hope Andi Kolb remains accessible. For his fans. For cooperation partners. Or as in this example for an interview with Schladming-Dachstein. Despite his success as the current European Champion, he has always kept his feet on the ground, though mostly at the bottom of heavily blocked terrain, with counter ascents, steep passages and countless obstacles. That's because this surface is his favourite, at least when it comes to his great passion: downhill biking.



Adrenaline, emotions & mental issues

Jeans, a black shirt, and a cap from his sponsor, as well as a few scratches on the upper arms, plus a large portion of friendliness and down-to-earthness. Andi Kolb is sitting in this 'outfit' for the interview a few days after our call. He takes a sip of herbal tea. "I don't drink coffee lately. But I haven't noticed any difference," says the sportsman, smil-

ing and stroking his moustache. He appears balanced, cheerful and positive. Today, his indigo eyes shine even without the usual adrenaline rush of the trail. "I am loving life at the minute. What is happening to me now bears no relation to my life in my previous job. That's why I try to be in the now and consciously savour everything that hap-

pens." The time will soon be here: Andi is off to Switzerland, where he is hoping to win the World Championship title. "That would be cool. Especially because I like the track in Champéry and I also won the European Championship there." The downhill mountain biker made his international breakthrough in 2022 and has become one of the best downhillers in the World Cup over the past four years at Atherton Racing. In 2023, he celebrated the runner-up title and his first World Cup victory – in nearby Leogang. The European Championship title followed in 2024 as 'the cherry on top', earning him the label in the media as 'Austria's fastest man on a downhill bike' or as a

'downhill hope'. "That makes me happy, of course, but I don't feel any pressure from it. I can handle pressure very well though," says the 29-year-old, who recently switched to YT Mob. "The change was already in the cards two years ago. I am very much looking forward to it. To the material, to a stronger team and to the interpersonal relationships. The chemistry within the team is just perfect.



"That's exactly what I love about this sport. It is so varied and unpredictable."

ANDI KOLB





“You have to believe in yourself. 100%. Otherwise it won't work. Having a plan B only creates room for doubt. I don't need that.”

DOWNHILL ACTION



Roots, young talent & bike destination

His roots are in his hometown of Assach, where his parents usually watch from the comfort of their sofa at home when Andi throws himself down one of the many downhill tracks in the world. “My father is not as good at watching me as my mother. He seems to hold his breath from start to finish,” Andi jokes and adds, “I probably also got my sensitive side from him.” In other words, a top athlete with a lot of sensitivity, as well as brains. Andi has a few ideas in mind. “I want to introduce children to this sport and perhaps raise the profile of mountain biking. My wish is to promote the sport of downhill. Surely there must be more new talent in the region?” Andi asks, shrugging his shoulders. For the industry itself, he would like the regulations to remain as free



And that is very important to me,” says Kolb, who describes himself as an emotional person, saying “Sometimes I’m too emotional for my own liking.” It is just this characteristic that makes him extremely likeable and increases his popularity with fans. It is no coincidence that Kolb is now a regular on the podium and a strong fan favourite on the World Cup circuit. But this characteristic should also be a positive when visualising goals, shouldn’t it? “That’s right. In mental training, you always have to link visions of the future, such as a victory, with an emotion. Otherwise the subconscious can’t do anything with it.” In addition to traditional training on the bike and in the gym, focusing on his thoughts and inner attitude has become very important for Andi Kolb. He meets regularly with his mental coach to practise various techniques and refine various routines before the start. “I go through the route in my mind and try to visualise it down to the smallest detail. Then I sit on the roller or juggle. I do this warm-up procedure until about three minutes before the start.” Andi also discusses stressful topics in mental training. “Your head simply has to be clear. Any distraction interferes with the race.” And how does the Styrian achieve his all-important clarity? “I actually do this best at home. I am deeply rooted in the region. I used to think I could live anywhere on earth. Today I definitely know that I’m not moving away from here. I appreciate my home with the mountains, nature and this high quality of life far too much,” emphasises Andi and has to smile that he is already talking about ‘the old days’. “You only realise certain things over time. My many trips and experiences have broadened my horizons and shown me how important my roots are.”

Bikeland Schladming-Dachstein

26 tours for mountain and E-bikes

2 bike parks

Bikepark Schladming

- 42 km of trail fun
- 11 lines and trails
- Flow line/blue line from the mountain to the valley
- Jump line with 99 jumps

Reiteralm-Trails

- 20 km route length
- 9 single and enduro trails
- 1 jump trail

1 trail centre

Singletrack Haus-Aich

- 5 km of trails for children & beginners
- 3 trails (2 blue and 1 red)
- BIKELAND HEROES (exciting puzzle trail for children)

67 km of trails

2 cable cars offering bike transport

Here you can find everything Bikeland offers.





as they currently are. "That's exactly what I love about this sport. It is so varied and unpredictable. It's what makes the downhill discipline so interesting for me. I quickly get fed up with following boring rules," he laughs. In general, he has seen a lot of positive developments in the cycling scene in the region in recent years and, in his opinion, the Schladming-Dachstein region has everything it needs to remain a popular bike destination. Basically, the whole family can come cycling here. A special highlight will be added to the region's range of offers from this summer: the Singletrack Haus-Aich with a puzzle trail for kids. An exciting adventure awaits with three different loops together with Madame Flow, Jumper and Dr. Drop as well as puzzles for all ages and levels of difficulty. Information on the necessary folder, QR codes and the Bikeland Hero award can be found here.



Feeling the freedom and events

In addition to the Bike Club Schladming-Dachstein, which acts as a contact point for those interested in promoting young talent, Kolb and a friend also want to help. "We are currently planning small events. We would like to use the net proceeds from a special T-shirt sale to organise training camps to support our young racers" – a wonderful idea that is close to Kolb's heart as a role model. Apart from this sideline, Andi has no plan B: "You have to believe in yourself. 100%. Otherwise it won't work. Having a plan B only creates room for doubt. I don't need that." And what does Kolb actually need? "The feeling of security. The four-year contract with YT Mob, for example, gives me a lot of security as an athlete. It is a secure foundation, so to speak, so that I can focus on my performance." At the same time, Andi is looking forward to working with teammate and downhill queen Vali Höll, whose career has really impressed him. "If you want to be that successful, you have to start small and not overestimate yourself. As with any other sport, you should also treat yourself to technique training for downhill. This reduces the risk of injury," is his advice to all beginners. On Andi's horizon at the moment are a lot of new things and exciting challenges – as well as important events such as the World Cup opener in Bielsko-Biala (Poland) from 16 to 18 May, the home World Cup in Leogang from 6 to 8 June and the World Championships in Champéry (Switzerland) from 5 to 7 September. With such a tight programme and disciplined commitment, one won-



ders how the athlete keeps his energy up. The best way for him to recharge empty batteries is on a ski or mountain tour with his girlfriend, on a leisurely cycle ride, or by conquering a summit with a magnificent view. And finally, he would like to share his insider tip for all holidaymakers in the Schladming-Dachstein region: "A hike up Freistein. The summit can be reached in just under an hour from Assach. At the top you are rewarded with a wonderful view, and the priceless feeling of freedom."

Bike Club Schladming-Dachstein

Bike Club Schladming-Dachstein has been promoting all forms of cycling since 2023 and has built up a lively cycling community in the region. The founding members themselves have a wealth of experience in cycling and competitive sport and are happy to pass on their expertise. Supported by the Schladming-Dachstein Tourist Office, the club offers children and youth training and creates a foundation for leisure and health sports.

Further information
is available here.



Bike School Pekoll

Bike School Pekoll offers individual lessons with the latest and most modern course techniques. There are also regular guided tours.

Further information
is available here.



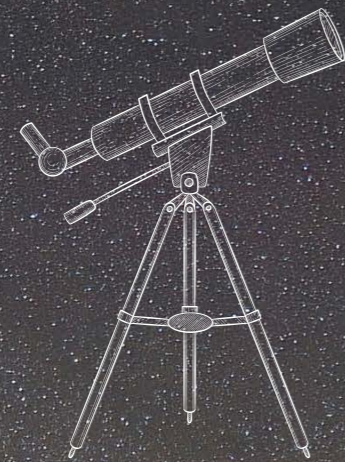
Tip for the next generation:

iXS International Rookies Championships Schladming-Dachstein from 19 to 21 September 2025

Stars

truck





If you look at the stars at night, you will discover the sparkle in your own eyes.



Heavenly *views*

In one of the darkest places on earth, you can surrender to the darkness and forget time and space while gazing at the starlit sky. How a new project in the Sölk captures the senses and why it is becoming increasingly important to protect natural oases like this from light pollution.

First a glitter, then a sparkle. Then a thousand times over, as if light had turned to dust. A mystical dance on a big black stage, in the void where infinity is at home. A mysterious place of dark fog, shrouded in legend, where Gaia and Uranus were born. Where the history of the universe began and people with their immense imagination created their oldest works of art to develop entire cultures. We are talking about stars and the firmament. Their myth is probably as old as they are. Because when you look up, the sky becomes a time machine for many people. The Sölk has also recently started taking its visitors on a journey through time. The planned Star Park will invite you to forget time and space for a moment and surrender to the darkness.

The power of the night

Nature and night belong together. People have always been fascinated by the night sky. In cave paintings they tried to create orientation aids. The planets were regarded as gods and guides in many cultures. The observation of these objects and periods gave rise to calendar systems, seasons and reference values. For example, migratory birds also have reference points in the sky and seals orient themselves to the earth's magnetic field. Nature and night are therefore directly connected. Accordingly, the night and starlit sky also have a strong influence on people. "You have to know that 60% of living creatures on earth are nocturnal. The day and night rhythm was therefore also a key factor in the evolutionary history of humans," explains as-

trophysicist Stefan Wallner. He is the leading expert on light pollution in the German-speaking area and is assisting the Sölk-täler Nature Park with its certification as a Star Park. For him, it is clear that not every place on earth is predestined for this, as light pollution is getting worse and worse globally. On the one hand, there is too much light, especially in urban areas – and often all night long. This is shown by satellite images in the form of huge domes of light above heavily illuminated cities. On the other hand, scattered light or harmful colour leads to light pollution.



More information for you

Of course, it's even better to get an idea of what's happening on the spot, visit the stargazing places or take part in the various events such as 'Earth Night' on 19 September 2025."

Further information is available here.





→

"The starlit sky is no longer visible in many places. It is not only animals and plants that are severely affected by this problem, but also us humans. Even if awareness is growing, light pollution is an underestimated problem," adds the scientist, referring to studies that show that blue light in particular suppresses the release of melatonin. The lack of this sleep hormone manifests itself in the form of sleep disorders, metabolic disorders, tiredness and many other physical complaints. What helps? Do not use any light brighter than a candle for half an hour before going to bed. And reduce light pollution! Wallner explains, "It is a huge undertaking, given the fact that 83% of the earth's population lives under light-polluted skies." Among the blessed 17% of the global population without light pollution are the inhabitants of the Sölk. "One of the darkest places in the world!" Gabriele Trinker, Managing Director of the Sölk-täler Nature Park, is delighted with the star project, which is supported by the Ennstal-Ausseerland LEADER region. In addition to LEADER funding from the EU, the federal government and the province of Styria, other funding partners include RML Regionalmanagement Liezen district with funds from the regional department of the Province of Styria, the Schladming-Dachstein Tourist Office and Steiermärkische Sparkasse.

On the way to the stars

"Many scientists have repeatedly travelled to the Sölk to take measurements, and we have taken an interest in the park and are now seeking certification as an international Star Park through the DarkSky International organisation. In this way, we want to protect the sky above the Sölk from light pollution, create awareness among the population and make a contribution to visitor guidance in terms of ecotourism," emphasises Gabriele Trinker. In addition to the two sites in the Sölk itself, there are four sites in the neighbouring communities with special astronomical maps. At these selected locations, interested visitors can observe the starlit sky, find out about a variety of topics and activate rotating star charts. All stargazers can look forward to biological orientation, astronomical information and a historical reappraisal as well as details about light pollution.



Overview of the starlit places



Starlit place Ramsau am Dachstein

**Under the cosmic conductor:
The night sky as the metronome of life**

For billions of years, this cosmic baton has set the rhythm of life on earth. At this starlit place you can find out why natural darkness is so important for the evolution of all living beings. There are also interesting facts about the connection between humans and cosmic rhythms, hormone systems, bodily functions and spectacular connections between the environment, the cosmos and ecosystems.



Starlit place Birnberg/Haus im Ennstal

**Cosmic neighbours:
A journey through our solar system**

You can learn all about the solar system at this starlit place. There are facts about each individual planet and a clear guide as to which planets are rocky and which are gas. In addition, a fun mnemonic helps you to remember the names of the planets.



Starlit place Aich

**The cosmic depth:
From the Milky Way to distant nebulae**

In the so-called 'deep sky' you can observe objects beyond our solar system. At Sternenplatz Aich you can find out all about the most important stars in our Milky Way, shining gas clouds, magnificent star clusters and other cosmic jewels.



Starlit place Mitterberg-Sankt Martin

**From nothing to everything:
The cosmic journey of our universe**

At this starlit place, everything revolves around the Big Bang 13.8 billion years ago and thus the history of the origin of the universe. You can look forward to information about chemical elements, stars and galaxies as well as the latest technology.



Starlit place Stein an der Enns

**The nocturnal theatre:
Celestial spectacles over the Sölk**

The night sky above the Sölk is one of the darkest and clearest skies in Europe. In Stein an der Enns you can read about the daily rhythm of the sky, the annual rhythm of the night sky and special celestial spectacles.



Starlit place Sankt Nikolai im Sölktaal

**The alpine window to the cosmos:
The Sölk as a protected area of the night**

This starlit place is all about light pollution, artificial light, biodiversity in the darkness of the Sölk and activities to protect the night. You can find out about the community involvement in the Sölk and the neighbouring municipalities.

Conscious Paths

FOR THE FUTURE OF THE REGION

For us, sustainability is more than just a trend – it is an attitude, and for us it means protecting nature and resources, strengthening the region and offering guests a conscious travel experience. We focus on responsible tourism development by actively promoting sustainable projects, innovative mobility solutions and regional value creation.

68-69

A responsible holiday right from the start



Hosts with heart and foresight

There are also many sustainable options when it comes to choosing accommodation. 17 establishments are certified with the Austrian Eco-label (including 2 restaurants and a campsite), over 100 farm holiday businesses and certified organic accommodation providers invite you to enjoy authentic country life. What's more, there are numerous hosts who are already taking responsibility and actively living the 'conscious' ideal – from regional cuisine and renewable energies to innovative mobility solutions.

Whether it's a luxurious 4-star hotel offering e-mobility or a traditional farm boasting organic products: a conscious holiday in the Schladming-Dachstein region means less CO₂, more enjoyment and an intense experience.



These two establishments are representative of many committed local hosts who take a sustainable approach with heart and foresight:



4-star hotel Schütterhof, Rohrmoos



Glitschnerhof farm, Aigen im Ennstal

From an environmentally friendly journey to a mountain experience close to nature, every moment of your holiday contributes to a conscious future. Be part of it and discover more at: schladming-dachstein.at/en/sustainability





“Get into the green way of travelling”

www.oebb.at

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Benefits *on track*

With ÖBB, your holiday has already started before your arrival. Sit back, enjoy a cup of coffee and get in the mood for your holiday in the Schladming-Dachstein region while the magnificent landscape passes by.

The journey from Vienna to Schladming by train takes just under 4 hours, with trains leaving every 2 hours and a change in Leoben. On Fridays, express trains run directly from Vienna to Schladming all year round; on Sundays, return trains run from Schladming to Vienna.

From Graz or Salzburg, there are direct EC/IC trains every 2 hours. Travellers from Linz are best advised to change trains in Selzthal to Schladming. If you travel to Schladming on the “Transalpin” Eurocity train from Graz or from Zurich via Innsbruck, you can enjoy an impressive journey in the panoramic coach (1st class) and marvel at the magnificent mountain scenery on the way.

Save on every journey with the ÖBB Vorteilscard

The ÖBB Vorteilscard is the right choice for flexible travel throughout Austria, as it gives you a discount of up to 50% on any ÖBB standard ticket. The purchase of the card pays for itself with just a few journeys per year. The Vorteilscard is available in Classic, Youth, Senior and Family versions via the ÖBB app, in the ÖBB ticket shop, at ÖBB ticket counters and at ÖBB travel agencies.

Vorteilscard Comfort: the digital premium product with more convenience

If you want to travel for less AND secure your favourite seat on the train, we recommend the Vorteilscard Comfort. This allows you to travel cheaply throughout Austria for € 86 per year. You also get a 50% discount on seat reservations on national and international long-distance daytime trips.

ÖBB luggage service

Travel light and book luggage shipping for a comfortable start to your holiday. No matter whether it's a bicycle or bulky suitcases: for those who love comfort and think ahead, the ÖBB luggage service offers a carefree start to their time away.

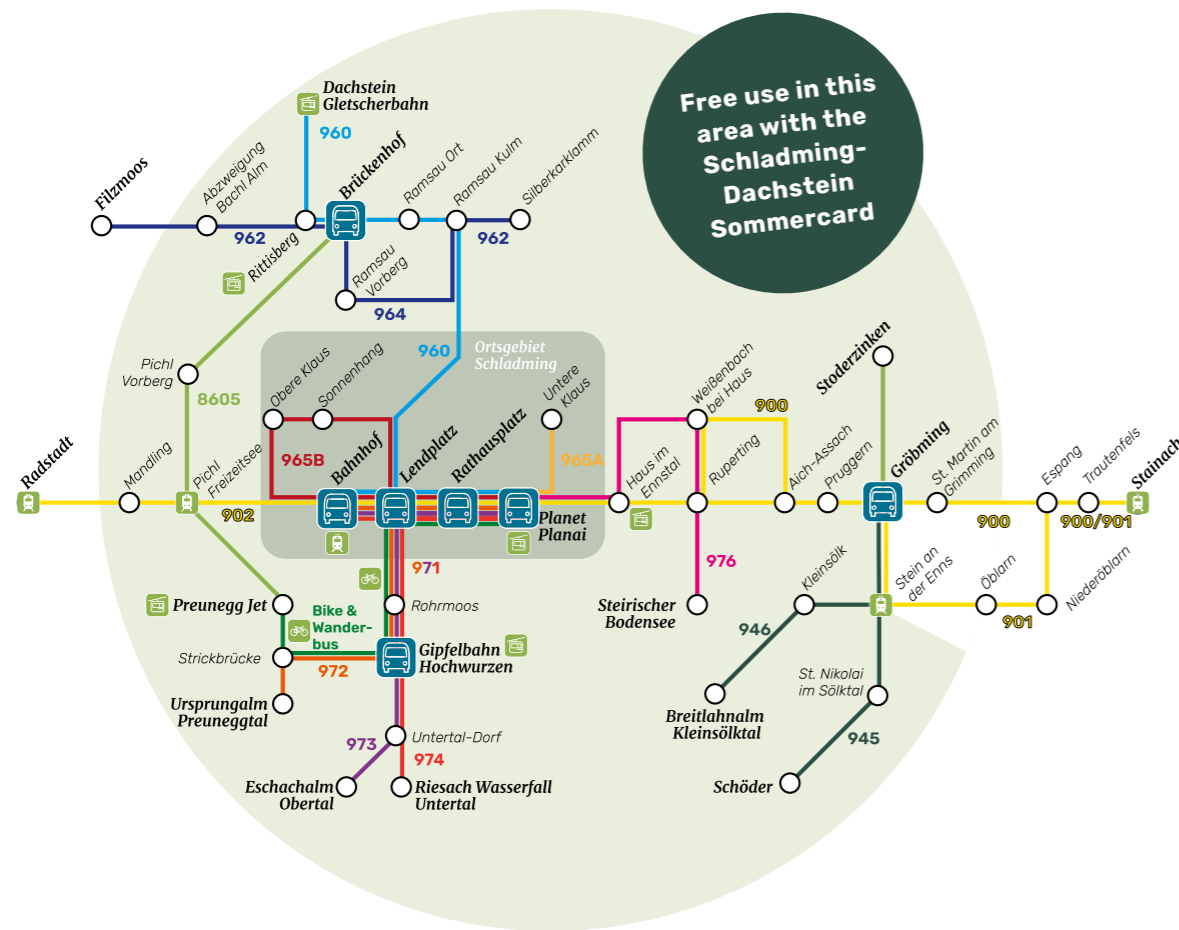
Seat reservation

Play it safe on busy travel days! On busy travel days, demand may exceed capacity. We therefore advise all passengers who want to travel in comfort on their preferred train to make a seat reservation.



Transport for free

72 - 73



Free use in this area with the Schladming-Dachstein Sommercard

Bus network in the region:

- H **Line 900:** Stainach – Gröbming – Aich – Haus im Ennstal – Schladming
- H **Line 901:** Stainach – Espang – Öblarn – Stein an der Enns – Gröbming
- H **Line 902:** Schladming – Pichl – Gleimling – Mandling – Radstadt
- H **Line 945:** Gröbming – Stein an der Enns – St. Nikolai – Sölkpass – Schöder
- H **Line 946:** Gröbming – Stein an der Enns – Kleinsölk – Breitlahnm
- H **Line 960:** Schladming – Ramsau am Dachstein – Dachstein Gletscherbahn
- H **Lines 962 & 964:** Filzmoos – Vorberg – Ramsau – Silberkarklamm
- H **Line 965 Citybus Schladming:** Untere Klaus, Obere Klaus
- H **Line 971:** Schladming – Rohrmoos – Talstation Gipfelbahn Hochwurzen
- H **Line 972:** Schladming – Rohrmoos – Ursprungalm
- H **Hikers' and bikers' bus:** Schladming – Rohrmoos – Preunegg Jet
- H **Line 973:** Schladming – Rohrmoos – Untertal-Dorf – Obertal – Eschachalm
- H **Line 974:** Schladming – Rohrmoos – Untertal-Dorf – Riesachwasserfall
- H **Line 976:** Schladming – Haus im Ennstal – Steirischer Bodensee
- H **Line 8605:** Ramsau – Pichl-Vorberg – Pichl – Reiteralm/Preunegg Jet
- H **Stoderbus**

Mobility partner

As a strong partner with 5 locations in Styria, Pappas offers comprehensive vehicle solutions – from sales and servicing to state-of-the-art mobility services. The brand is firmly anchored in the region and has stood for quality, innovation and expertise for decades. Many good reasons to put your trust in them on any road.

Pappas is the reliable mobility partner in Styria. With a wide range of vehicles from cars to heavy trucks, renowned brands such as Mercedes-Benz, smart and Kia, first-class customer service and state-of-the-art workshops, Pappas is constantly setting new standards in the automotive industry. Pappas has the right solution for every need, whether new or used cars, professional advice or customised financing. In addition to its locations, the company also operates a large online exchange where you can browse through Pappas' range of used cars from all over Austria whenever you want. Since autumn 2024, Pappas has been welcoming its customers to the newly designed showroom for new cars in Graz. The AMG Performance Center also received a facelift and the smart Stage is a new presentation area. Another new addition to the sales area in Graz is the Kia brand, which is sold and serviced at the site.

Moreover, Pappas offers comprehensive services such as maintenance and repair at the highest technical level. The aim is to make mobility not only convenient and efficient, but also sustainable and in line with customers' wishes. Thanks to many years of experience and expertise, Pappas is not only a reliable partner for private customers, but also for companies that rely on innovative fleet solutions.

This is Pappas:

- 21 locations throughout Austria; 5 in Styria
- Around 390 employees, including 55 apprentices
- State-of-the-art workshops and innovative services
- AMG Performance Center and classic car expertise in Graz



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Harm Onibus





Festival of Music



Every year, the Mid EUROPE International Wind Music Festival in Schladming brings together musicians from all over the world and envelops the region in a brilliant cloud of sound. There is only one common language here: the language of music.

A musical journey through generations and cultures

From Australia via Asia, South Africa and America to Europe: around 35 formations with a total of 2,000 participants from more than 15 nations will be attending. Whether a large orchestra with up to 150 people or a small ensemble – everyone is united by the universal language of music. Mid EUROPE stands for cultural exchange, lifelong learning and an incomparable atmosphere. Here, musicians find a platform to learn from each other and celebrate their passion, be it classical wind music, modern arrangements or innovative sound experiments. A special highlight is the participation of internationally renowned marching bands, which thrill the audience with spectacular performances and breath-taking precision.

Perfection in motion: Tattoo Marching Band from the USA

A special highlight of Mid EUROPE is the rousing "Schladming Tattoo" marching show in the Planai Stadium. With around 260 musicians, the Schladming Tattoo is a spectacle that has become an unforgettable highlight of Mid EUROPE every year. The precise choreography in lock-step, peppered with ingenious formations and the powerful sounds of the instruments, leaves the audience in awe. When the dedicated marching band plays their instruments, you can feel how the passion for music defines Mid EUROPE.

WYWOP and WAWOP as the heartbeat of Mid EUROPE

In the multifaceted world of music, there are events that go far beyond simply making music. The World Youth Wind Orchestra Project (WYWOP) and the World Adult Wind Orchestra Project (WAWOP) are two such fantastic initiatives that bring together musicians from all over the world every year. One woman stands out in particular.





Verena Mösenbichler-Bryant – she sets the measure

Music knows no borders. This is proven by Dr. Verena Mösenbichler-Bryant, who is active worldwide as a conductor, professor and artistic director. She has been a central part of the Mid EUROPE Festival since 2005 and directs both the World Youth Wind Orchestra Project (WYWOP) and the World Adult Wind Orchestra Project (WAWOP).

Firmly rooted in music

It was clear to Verena Mösenbichler-Bryant early on that music would determine her life. Born and raised in Eberschwang, Austria, she began piano lessons at the age of six and discovered her passion for music at an early age. Her path led her from the Anton Bruckner Private University in Linz via Michigan State University to the University of Texas at Austin, where she completed her Doctorate of Musical Arts (DMA) in 2009. Today she teaches as Professor of the Practice of Music at Duke University in the USA and also conducts the Duke University Wind Symphony and the Durham Medical Orchestra.

Formative moments

There have been many decisive moments in Verena Mösenbichler-Bryant's career that have shaped her as a conductor and professor: from the youth band concerts she was allowed to conduct, to leading a music association – Musikkapelle Hofkirchen an der Trattnach – to her first conducting experiences in America. "The responsibility and at the same time the trust placed in me have allowed me to grow enormously." Another important milestone was her appointment as a professor. "The opportunity to pass on my knowledge and passion to musicians and to accompany them on their own path is fulfilling and motivating for me."

Mid EUROPE – a project close to her heart

The special thing about WYWOP and WAWOP is the international gathering of musicians from such diverse backgrounds and cultures. Orchestral projects like these offer the unique opportunity to work under the direction of world-famous conductors and to experience an exceptionally high level of musicianship. Mösenbichler-Bryant finds it particularly fascinating how a harmonious whole is created from many individual voices. "The magic of the first moment when everyone plays together for the first time – even though they speak different languages – is indescribable. Music connects on a deep level and creates a sense of community that goes far beyond the festival," says Mösenbichler-Bryant, describing her previous Mid EUROPE experiences.

A powerful link

For Mösenbichler-Bryant, music is a powerful link between cultures. "It speaks a universal language that goes beyond words and enables people from different backgrounds to express and share emotions and stories." Through shared musical experiences, bridges are built: in addition to new playing styles and interpretations, the musicians also develop a deeper understanding and respect for other cultures. "Music promotes intercultural exchange and creates links based on shared experiences and a love of art. This universal power of music makes it an indispensable means of uniting people worldwide," says Mösenbichler-Bryant.

A glimpse into the future

Despite her international career, Mösenbichler-Bryant's connection to Austria remains essential for her. "For me, being firmly rooted means having a home in both Austria and America. I have built up so much here in the USA, but my home country remains an important part of my life. The song 'I am from Austria' doesn't just ring in my head, it beats deep in my heart." The international aspect and working with people from all over the world are part of her job. At the same time, her connection to Austria and Europe remains strong. "Let's see where the journey takes me – I'm excited about what's to come!"



"The song I am from Austria' doesn't just ring in my head, it beats deep in my heart."

VERENA MÖSENBICHLER-BRYANT



**The fine art
of telling
#herostories**

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Great Stories



The Austrian International Storytelling Festival will be taking place for the 38th time in 2025. This year's theme is #herostories. The festival connects people, turns simple moments into magical experiences, and creates unique stories together with the audience. After an absence of eight years, the festival will return to the Schladming-Dachstein region in Stainach-Pürgg from 12 to 14 June 2025.

Initiated by fairy tale poet and storyteller Folke Tegetthoff, the festival brings international artists to the stage every year and offers an unforgettable experience for both young and old. The "Matinees of Stories" for pupils will kick off on 12 June at the Volkshaus Stainach. Artists from a wide range of disciplines will lead the young generation into magical worlds and guarantee a morning full of dreams and wonder.

A special highlight awaits visitors on Friday evening, 13 June, at the enchanting Trautenfels Castle. Folke Tegetthoff will present his greatest fairy tales in a best-of special. Accompanied by music, he tells stories from his well-known romantic fairy tales and beloved herbal stories and provides insights into his very personal experiences. On Saturday, 14 June, Trautenfels Castle is all about fantasy: the festival classic "Celebration of Fantasy" invites the whole family to an unforgettable day on the castle grounds. With free admission, there is a varied programme, from acrobatics and street performers to music and fabulous stories. Creative minds can be unleashed at various hands-on stations.

The festival theme #herostories runs through the entire programme and reminds us that everyone can be a hero. Inspired by stories that change lives, this festival becomes a place where heroism and imagination come to life. Further information on the programme and the festival locations (Graz, Bruck, Weiz, Bad Radkersburg, Bad Schönaun) can be found at www.storytellingfestival.at.

More information for you



Matinees of Stories

Thursday, 12 June 2025,
9 AM (6 to 10 years) &
11 AM (6 to 14 years)
Volkshaus Stainach
For pupils | 4€ (2 accompanying pers. per class go free)



Of princesses, herbs & fates, Best of Folke Tegetthoff

Friday, 13 June 2025,
7 PM – approx. 8:10 PM
Trautenfels Castle
For adults | advance sales 19€, box office 23€



Celebration of Fantasy – fabulous family day

Saturday, 14 June 2025,
2 PM – 5 PM
Trautenfels Castle
Free admission

You can find all ticket information here.



Time to Celebrate



Culinary delights, traditional customs and lots of good humour: Schladming-Dachstein also has many experiences to offer away from the hiking trails and bike routes. Many events celebrate nature, the community, and the attitude to life in the region.



Spring Festival of Horses

On the weekend of 7 and 8 June 2025, the Spring Festival of Horses will once again take place in Ramsau am Dachstein. Lovingly arranged flower figures, carts pulled by magnificently decorated horses and a non-motorised parade that is unique in Austria enrich the festival programme. Of course, the supporting programme also includes a lot of costumes and tradition. Traditional dance groups, schuhplattler folk dancing and musical performances make the marquee resound with joy. The highlight is the parade on Sunday. Flower-decorated horse-drawn carriages form the spring festival procession of horses together with traditional costumes, music and whip-cracking groups from the region. In total, over 100 horses of different breeds will be in action.



Alpine Rose Bloom Festival

On Sunday, 29 June 2025, Reiteralm shines in vibrant alpine rose pink and invites you to the popular festival to celebrate the alpine rose bloom. Visitors can expect a varied programme for all ages in the midst of the wonderful natural landscape. The ecumenical mountain church service at Lake Reiteralmsee, a contemplative moment in the midst of nature, forms the festive prelude. Afterwards, the mountain lodges invite you to a jolly get-together with live music, regional delicacies and heartfelt hospitality. Entertainment is provided by schuhplattler groups and traditional dance groups, whose lively performances at the lodges are sure to entertain. Younger guests can also look forward to a diverse programme. The big raffle marks the grand finale.



Altsteirer Kirtag

On 2 August 2025, the Altsteirer Kirtag – an old Styrian church fair – invites you to an eventful day full of tradition, music and culinary delights. This popular festival has a delightful, varied programme for the whole family. Folk music and traditional dancing take centre stage with regional music and traditional costume groups showing you what they can do. Culinary delights are a large part of the occasion: Styrian delicacies and refreshing specialities are waiting to be enjoyed. Along the market stalls you can discover handmade arts and crafts, regional products and lovingly made items you won't find anywhere else. Younger visitors are not forgotten either – a colourful children's programme makes the fair a special experience. This is a festival that brings Styrian traditions to life.



Dachstein Dialogues

From 19 to 25 September 2025, Ramsau am Dachstein and the neighbouring municipality of Filzmoos will be celebrating tolerance, exchange and living together. With around 20 events, the Dachstein Dialogues create space for discussions, music, theatre and interactive formats. The focus is on topics such as solidarity, belonging and social cohesion, all inspired by historical events such as the Peasants' Wars 500 years ago. Lectures, school projects and artistic contributions illuminate the past, present and future from new perspectives. In a time of growing polarisation, the Dachstein Dialogues set an example for openness and dialogue, in the midst of a wonderful mountain backdrop that unites rather than divides.



"Kasfest" Schloss Großsölk

On 20 September 2025, everything at Großsölk Castle revolves around cheese. Between the historic walls of Großsölk Castle, the market stalls invite you to taste and enjoy. The focus is on the Ennstal Steirerkas cheese from the Sölk alpine pastures with a protected designation of origin (PDO), which develops its spicy, piquant aroma after three weeks of maturing and takes on its unique grey-brown marbled appearance. A glass of Austrian wine or an autumnal scrumpy is the perfect accompaniment. Real folk music provides the special atmosphere, while a varied programme entertains the guests. As every year, a 'royal visit' enriches the event with the presence of the 'cheese princesses'.



Steirische Roas

On the weekend of 27 September 2025, Wörschach will be transformed into a stage for Styrian tradition and joie de vivre. A festival full of music, culinary delights and genuine craftsmanship awaits you at the Steirische Roas. Amidst the impressive natural backdrop of the Wolkenstein castle ruins and the wildly picturesque Wörschachklamm gorge, you can sample regional specialities, listen to the sounds of real folk music and watch craftspeople at work. Along the streets, music groups create a great atmosphere, while exhibitors bring old crafts to life. Of course, there is also plenty of socialising. After all, what would a Steirische Roas be without a gathering of great people?

Taste fully



Milk *with heart*



We visited Roswitha Marold and her family on their organic farm in Aigen im Ennstal. She gives a passionate insight into everyday life and talks about her work at the Plankhof farm, dairy farming and her beloved animals.

The barn is calling

At 5am, it's time to get out of bed, because Nelli, Antonia, Charlotte and the others are already waiting in the cowshed. Just over an hour later, the 23 dairy cows have been milked, the cowshed has been mucked out and the straw has been freshly bedded. Then the 3 horses, 25 chickens, 10 bantams, 6 rabbits and 3 cats also get their breakfast. At lunchtime there is a small snack, because as ruminants, cows should eat constantly. Michael comes home from work at 4.30 pm and then it's off to the cowshed – because the animals have an internal clock and expect to be fed and milked on time. Around 7pm the work is done – until the next morning!

The white gold

The milk runs through a filter system into the cooled tank and is collected every two days by Ennstal Milch. There is a basic price per litre. The better the ingredients, the higher the price. They currently receive 66 cents for a litre of their milk. In addition, the milk vending machine on the farm is filled with fresh raw milk. From 6 am to 10 pm you can help yourself here. All dairy products such as yoghurt, skyr and cheese are made from raw milk. After pasteurisation at 72 to 75 degrees, it is officially no longer raw milk. The dairy regularly checks the quality of the milk. If inhibitors are found in it, the milk is blocked and disposed of. A milk metre can be used to determine whether a cow is pregnant, is struggling with its metabolism, or needs more minerals.

Only the best

The cows always have access to hay, silage and concentrated feed, and in summer they enjoy lush grasses and herbs out on the pasture. Mowing takes place four times a year, on diversity areas only twice. The mow is then either pressed into silage bales that are fermented by lactic acid bacteria, as with sauerkraut, and thus preserved, or the grass is dried after mowing. To do this, it must be turned three to four times, otherwise there is a risk of mould. A natural problem in the meadows is sorrel, which the cows avoid. Therefore, it is painstakingly removed by hand. A bigger problem, however, is the litter that is thrown in the fields, which is shredded during mowing and then eaten by the cows. This can lead to internal injuries in the animals. Dog excrement also poses an ever-increasing risk, as it can lead to premature births or infertility.



A matter of the heart

The three daughters Emely, Hanna and Lilly have grown up with farm life. They know how butter is made, that cows are not purple and that it doesn't smell of flowers in the cowshed. To impart this knowledge to other children, Roswitha offers "School on the Farm". School classes and kindergartens regularly visit her on the farm. It is important to Roswitha to show the children where milk and meat come from, because they are the consumers of tomorrow. She has noticed repeatedly that it has a lasting positive influence on the children's behaviour.

"A good farmer should have an armchair in the barn"

Observing the animals is essential. If you know your animals, you rarely need a vet. Roswitha uses shiatsu and acupuncture massage to release blockages and promote regeneration – for both cows and horses. Animals often react better than humans because their head does not get in the way. She has also observed that animals press their 'emergency buttons' themselves when they need them, for example, during childbirth. Cows are clever animals!



More information for you

- 309 dairy farms in Schladming-Dachstein, 190 of which are conventional and 119 organic
- 7,042 dairy cows
- 5.7 years average age
- A cow produces an average of 17.8 kg of milk per day.
- The oldest dairy cow in the region is 18 years old, comes from the municipality of Mitterberg-Sankt Martin and has produced 110.12 tons of milk in its lifetime.



Alpine Carbonara



Vegetarian mushroom carbonara with mountain cheese and nockerl, recipe serves 2

Nockerln

- 500g wheat flour
- 4 eggs (size M)
- 250ml water
- 1/2 TSP salt

Mushroom carbonara

- 1 TBSP butter
- 1 diced onion
- 2 finely chopped cloves of garlic
- 200g quartered brown mushrooms
- 1 TSP Italian herbs
- 2 TBSP chopped parsley
- 80g chopped mountain cheese
- 4 egg yolks
- 1/2 cup cooking water
- Salt & pepper

Garnish

- Fresh rocket
- Mushrooms for slicing

Preparation method

Mix the ingredients in a bowl to form a smooth batter. Then pass the nockerl dough in portions through a spaetzle sieve directly into boiling water. As soon as the nockerl rise to the surface, they are cooked. Carefully lift out of the water with a slotted spoon, place in a bowl and keep warm. Skim off about 1/2 cup of the cooking water and set aside for the sauce.

Heat the butter in a pan and sauté the onion and garlic until translucent. Add the mushrooms, along with the herbs and parsley, and sauté everything for 3 to 4 minutes. In a bowl, mix the mountain cheese and egg yolks together well. Deglaze the mushrooms with a little of the cooking water and then thicken with the egg and mountain cheese mixture. Important: make sure the sauce does not boil to avoid curdling. Finally, season to taste with salt and pepper.



Culinary Heights



Where mountain lodge cuisine meets top cuisine – alpine cuisine reimagined, with passion and a regional heart. As a long-standing partner, the hosts of the Preintalerhütte lodge talk in this interview about the beginnings and development of Almkulinarik by Richard Rauch.

What was your first reaction when you heard about the “Almkulinarik by Richard Rauch” project?

In autumn 2018, Elisa from the Schladming-Dachstein Tourist Office contacted us with a new project with star-decorated chef Richard Rauch. We were sceptical at first. “What does a star-decorated chef want with cuisine from our simple lodge at 1,656 m altitude?” But the idea sounded exciting and we wanted to take the opportunity to learn from a professional.

What challenges did you face at the start of the project?

The challenge was to give Richard Rauch an impression of our everyday kitchen life, as he was unfamiliar with our lodge and how we do things. Despite using a wood stove instead of a combi-steamer and an earth cellar instead of a walk-in refrigerator, he quickly found a suitable dish that was easy to prepare.

The “Almkulinarik by Richard Rauch” combines tradition with modern accents. How important are regional ingredients for you?

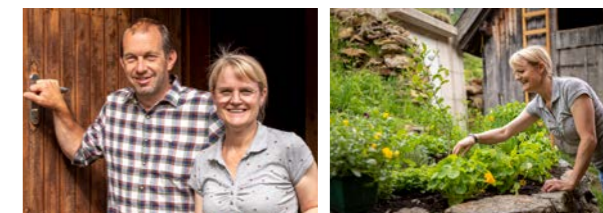
It is a good feeling to offer a dish that is of the highest quality and whose ingredients we know exactly. We rely on products from the Ennstal Valley, Styria and ideally from our farm. The Almkulinarik dish should be authentic, honest and simple.

How has “Almkulinarik by Richard Rauch” affected your business?

The combination of Styrian home cooking and Richard Rauch’s dishes creates excitement every season. Many guests come every year to try the new Almkulinarik dish. Richard also provided us with great ideas for our traditional dishes.

What is your personal favourite Almkulinarik dish from the past few years?

That’s difficult – there have been so many delicious creations. We take every opportunity to try the dishes of other mountain lodges and have always been delighted.



More information for you

Rita Höflehner and her husband Wolfgang are passionate about running the Preintalerhütte, an Alpine Association refuge at 1,656 m above sea level in the heart of the Schladminger Tauern. As passionate mountain lodge hosts, they have been partners since the start of “Almkulinarik by Richard Rauch” in 2019.





Raise your glasses!

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WEIN STEIERMARK
Wine from the mountain.
From hands and hearts.

Did you know that more than half of the vineyards in Styria are mountain vineyards with extreme slopes of up to 90 percent? And did you know that harvesting grapes by hand is mandatory in the Styrian DAC regions Südsteiermark, Vulkanland Steiermark and Weststeiermark?

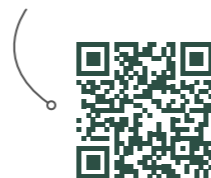
Ask your favourite innkeeper about the outstanding wines from Styria with a guarantee of origin.

WEIN STEIERMARK and the Schladming-Dachstein holiday region have created a network between innkeepers and winegrowers with the aim of offering guests wine from Styria. One example is the "Almkulinarik wine", which is served with the Almkulinarik dishes by the innkeepers.



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 T: +43 316 8050 1435

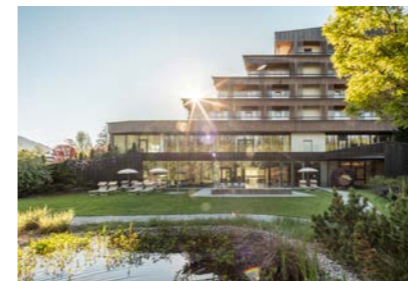
You can find more information about the fruity wines from Styria here.



EU-funded: With the support of the European Union

Cordial Active. Spa.

Where Styrian hospitality meets exclusive comfort, magical holiday memories are created. Falkensteiner Hotel Schladming combines alpine tradition with modern style, relaxation with activity, and nature experiences with sophisticated enjoyment. The harmonious interplay of contemporary architecture and natural materials creates a cosy and comfortable atmosphere that welcomes you from the very first moment.



Let yourself be pampered in the Acquapura SPA, enjoy culinary highlights at Restaurant Steirer and relax with an evening in the genieBBAR – here every day becomes an unforgettable experience.

Alpine tradition meets modern lifestyle – this is how the Falkensteiner Hotel in Schladming presents itself. This impressive hotel has its own unique architectural charm which creates a warm, inviting atmosphere with a modern vintage wood look. Here you will find the perfect retreat to escape from everyday stresses and experience Styrian hospitality up close. The Acquapura SPA offers a true oasis of relaxation. With breathtaking mountain views from the extensive wellness area, you can bring body and mind in harmony. "Schladminger Alpenwellness" focuses on alpine herbs whose aromas and ingredients pamper your senses and reveal their full effect in various treatments.

A combination of traditional Styrian and international cuisine awaits you at Restaurant Steirer. The varied breakfast buffet with live cooking ensures a perfect start to the day. In the evening, a finely tuned five-course meal is served, ac-

companied by a selection of wines from the region and around the world. The genieBBAR is the perfect place for fine wines, creative cocktails and exquisite spirits. With a spectacular view of the Planai finishing slope, you can relax at the end of the day – often accompanied by live music and events such as wine tastings. Here, every day of your holiday becomes an experience to savour.

You can find more information here.



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Trips back in time



The Schladming-Dachstein region provides not only inspiring mountain landscapes, but also a diverse cultural landscape, deeply rooted in the history of Styria. Impressive castles, traditional museums and historical treasures transport your mind to times gone by.

Experience tradition and craftsmanship in person

In addition to museums, the region offers many opportunities to experience traditional Styrian crafts. In open workshops, you can see first-hand how Schladming loden cloth is made or how artistic wooden sculptures are produced. Regional markets and events, such as the traditional driving of animals from the alpine pastures in autumn, make living culture tangible. A cultural delight for everyone in Schladming-Dachstein combines wonderful nature with exciting cultural history and living tradition. Whether it's a historical journey through time in the town museum, unique views from Trautenfels Castle or gripping insights into Alpine history – the region offers a variety of experiences for everyone. A visit to these cultural highlights is the perfect way to complete your trip!

Trautenfels Castle – A jewel of cultural history

High above the Ennstal Valley, the magnificent Trautenfels Castle sits enthroned on an imposing rockface. This fascinating baroque complex boasts impressive architecture and houses a unique exhibition. As part of the Joanneum Universal Museum, the castle shows the natural and cultural history of the region in 13 themed rooms. You will learn exciting facts about geological features, the local flora and fauna, and the folk culture of the Liezen district. A special experience is the castle tower with its breathtaking panoramic view of the surrounding mountains. Varying special exhibitions and lively, interactive, hands-on stations for children ensure an interesting and varied visit.



Alpine history up close at the Dachstein Museum

Mountain and climbing fans will be fascinated by the Dachstein Museum in Ramsau. Located right at the foot of the imposing Dachstein massif, everything here revolves around first ascents, alpine adventures and the beginnings of skiing. Historical photographs, original equipment and exciting documentaries allow you to experience the stories of the alpine pioneers up close.



Obertal Nickel Museum – In search of our mining past

The Nickel Museum in Obertal is an insider tip, housed in an original 19th century smelting furnace. Here you can become engrossed in the fascinating world of nickel mining and learn all about the hard work of the miners. Vivid scenes from everyday working life of the time realistically convey how much work was involved in extracting the coveted metal.



Schladming Town Museum – Immerse yourself in the past

If you are interested in the history of mining and the development of Schladming, the Schladming Town Museum is the right place for you. Housed in one of the oldest buildings in town – a townhouse from the 16th century – you will gain exciting insights into the region's eventful past. Discover exhibits about the town's history, the once flourishing silver mining industry and the famous Schladming loden production. The stories of the miners who extracted precious raw materials under extreme conditions are particularly impressive. The legendary ski races on Planai also have a section here.



More information for you

Did you know that the hunting lodge of Prince August of Saxe-Coburg once stood behind today's Schladming town hall? Originally a retreat for the aristocratic hunting lords, it now serves as an administrative building. If you look closely, you can still see traces of this glorious era within the historic walls.

Check-In Challenge:

Discover the history of Schladming-Dachstein among all the ruins and mysterious legends. Become a member of the ForYou Club, visit 5 of 13 locations and collect valuable bonus world points.

Further information is available here.



Winter anticipation



One thing is certain: winter is well on its way. The region is still beautiful even under the snow: 230 km of ski slopes, 220 km of cross-country ski trails and countless experiences. You can already look forward to a winter full of highlights and, of course, the next "für dich" -winter magazine!

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Schladming-Dachstein winter wonderland

While the sun still bathes our mountains in warm light and the autumnal alpine pastures entice you to go hiking, we are already looking forward to winter. Because when the landscape transforms into a white fairytale world, unique winter experiences await you in the Schladming-Dachstein region. The heart of alpine winter activity is the 4-mountain Schladming ski circuit, which boasts a total of 123 kilometres of pistes on the four linked ski mountains of Hauser Kaibling, Planai, Hochwurzen and Reiteralm. In total, the region offers over 230 kilometres of perfectly groomed ski slopes, which can be enjoyed at your own speed. Cross-country skiing fans can enjoy making their tracks on around 220 kilometres of beautifully maintained trails through snow-covered valleys and tranquil forests, while ski tourers have the tranquillity and beauty of untouched snowy landscapes away from the main activity areas.

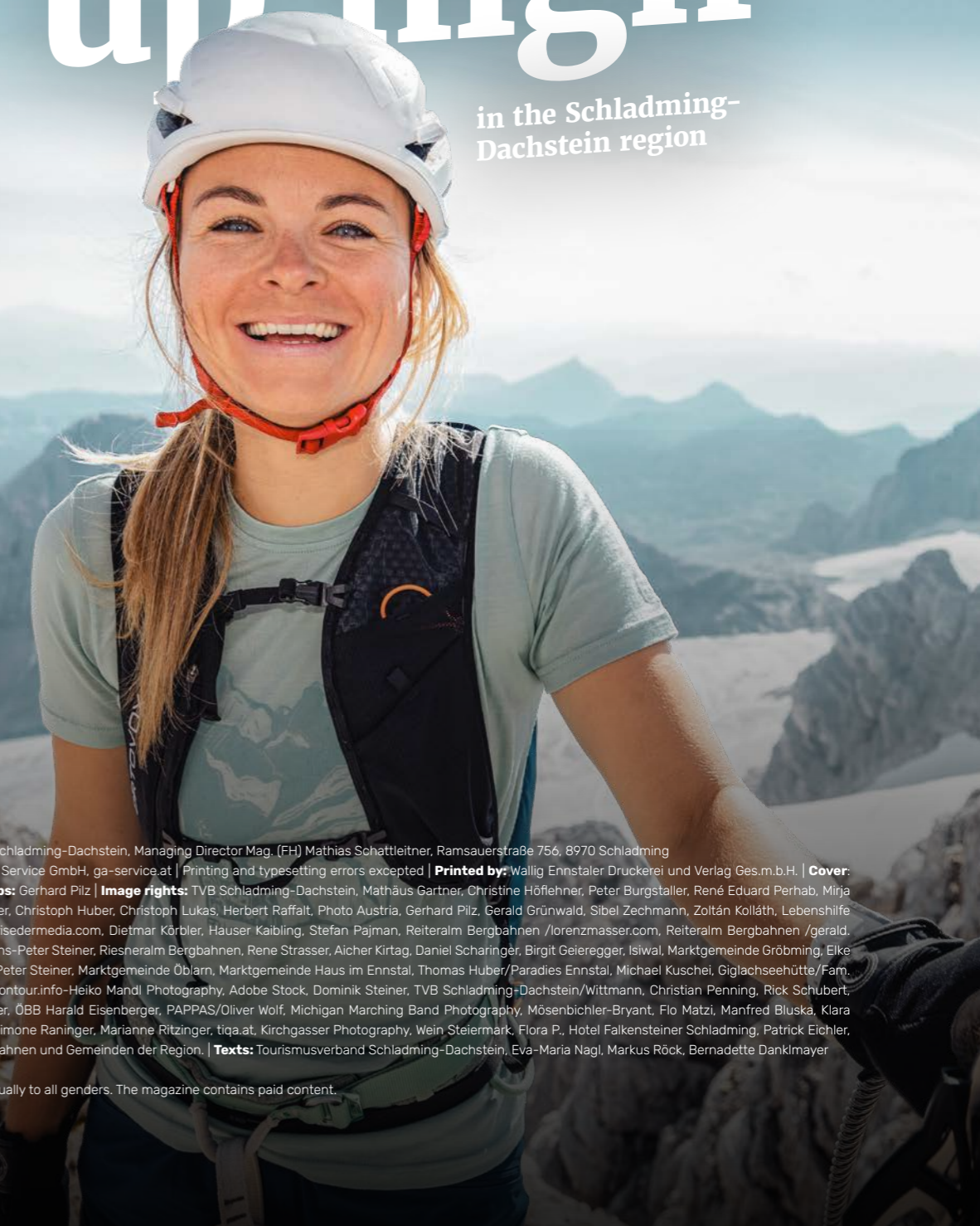
But it's not just alpine and cross-country skiing that provide fun in winter: you can enjoy an action-packed descent on toboggan, be enticed by the amazing views on the winter hiking trails or be swept away on a romantic horse-drawn sleigh ride through snow-covered landscapes. After a busy day in nature, the numerous cosy mountain lodges offer culinary delicacies from the region, so that every day can come to a satisfying end. Whether you are big or small, an adventure lover or a recreation seeker – unforgettable moments and real feelings of freedom await you in Schladming-Dachstein this winter.

More about your winter holiday in Schladming-Dachstein can be found here.



Getting up high

in the Schladming-Dachstein region



Imprint

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